Chichester HERALD

Friday 1st February 2013
YOUR FREE WEEKLY NEWSPAPER

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Woman found dead at home

>> *Selsey man held after East Ashling woman's body found*

Dean Adams
MANAGING EDITOR
NEWS@CHICHESTERHERALD.CO.UK

A LOCAL MAN has been arrested on suspicion of murder after the body of a woman was found at a house near Chichester

The body of the woman, 44, was found at Cherry Tree Cottage on the B2178 in East Ashling, on the outskirts of Chichester, by a colleague who came to take her to work.

Emergency services were called to the house at 07.50am on Monday

A 45-year-old man from Selsey was arrested on Monday evening on suspicion of murder but police said as yet the cause of death was unexplained.

The man being held in custody was known to the woman

Detective Chief Inspector Ian Pollard from the Surrey and Sussex Major Crime Team who is leading the investigation, said "While initially it was thought that we were dealing with a sudden death, officers became increasingly suspicious of the circumstances. As yet, the cause of her death is unexplained and we are awaiting the results of a post mortem due to start at St Richards Hospital mortuary in Chichester. At this stage our enquiries lead us to believe that this may not have been a natural death and a murder enquiry was launched on Monday."

Mr Pollard said the last time the woman was seen alive was at home at 12.30pm on Sunday

He appealed for information from anyone who saw her or was in contact with her after that time up until Monday morning.

People were also being asked to come forward if they saw a blue Vauxhall Vectra parked in a small lay by across the road from Cherry Tree Cottage on Sunday

See family tribute on page 3

Police at Cherry Tree Cottage, East Ashling, Chichester

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LOWERY JEWELLERS

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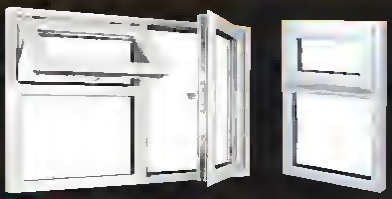

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Local News

Police seek potential witnesses to murder

DETECTIVES investigating the murder of a man whose body was found in a burning house in West Sussex are returning to the area to seek potential witnesses.

The body of 59-year-old Michael Griffiths was found at his house in Old Globe, Fernhurst, on 24 January.

Police said he had serious injuries to his head and body but a post-mortem examination had proved inconclusive.

Walkers and motorists in the area will be stopped and questioned by police on Wednesday and Thursday morning.

They said they would be talking to anyone who had been near Mr Griffiths's home between 06.30 and 08.00 last Thursday, when the fire that seriously damaged the house is thought to have broken out.

Det Ch Insp Jeff Riley said: "We are hoping that by talking to people who regularly use the roads and footpaths around Michael's house, we might nudge someone's memory about something that just wasn't quite normal or usual.

"That might be someone they didn't recognise, or unfamiliar car parked nearby or just an item or event that may now seem suspicious."

Mr Griffiths's body was discovered by firefighters who attended the blaze.

Detectives believe the jewellery designer and maker may have been specifically targeted.

Mr Riley said Mr Griffith was a "well known and popular local man" who was an enthusiastic antiques buyer and seller.

He said fire investigators had found a suspicious seat of fire near the lounge window at the back of the house, and smoke patterns suggested this window was open when the fire broke out.

He also said it was known that Mr Griffiths had callers last Tuesday evening who threw snowballs when he answered from an upstairs window, which may have just been an innocent prank.

Family tribute to Debbie Levey

Debbie Levey will be missed by many

THE FAMILY of Debbie Levey, who was found dead at her address in East Ashling on Monday 28 January, have issued a tribute to her.

Her father, John Etherton, speaking on behalf of Debbie's family, said: "We are all absolutely devastated by this terrible news. Debbie was a most caring and compassionate person, who worked in a series of caring professions. We all loved her deeply. She will be very much missed by her family, and also by colleagues and her friends and neighbours."

There are no further developments in the police enquiry into Debbie's death. A post-mortem on Tuesday 29 January did not reveal any obvious cause of death and further forensic tests are to be carried out. The 45-year old Selsey man arrested on suspicion of her murder has been released on police bail until 21 February while the enquiry continues.

Chichester Free School public consultation still running

COMMUNITY members and parents are still invited to share thoughts and opinions on a proposal to create a new school in the Chichester area for 4-19 year olds. The team is led by parents, teachers, strategic industry partners & community members and is looking for comments and suggestions during a consultation period which still runs until 15th February 2013.

The proposed school will open in September 2013 at premises in the Chichester area, to be announced within the next few weeks. Applications for places are being administered by Chichester Free School and can be submitted at www.chichesterfreeschool.org.uk until 31 January 2013.

The plans for the new school is to deliver a broad and balanced curriculum to an excellent standard alongside challenging co-curricular opportunities in a nurturing and supportive environment, to ensure the pupils are given the best opportunities for achieving their full potential.

The proposers have already held one public consultation drop in meeting where interested parties can hear what the school offers and give their feedback on the plans. The next meeting will be at the schools new offices at 60a North Street, Chichester PO19 1NB Monday 11th February between 6 and 8pm. Everyone with an interest in Chichester Free School is welcome to visit and share their views on the proposal or ask questions and further details are available on the website.

A questionnaire is available at www.chichesterfreeschool.org.uk/consultation

Anorak Corner

Did you know? A taster of Chichester facts and figures...

The Normans built a motte and bailey castle in Chichester in what is now Priory Park. This was a wooden fortress, a large artificial hill (a motte) surrounded by a ditch and a rampart (with a wooden palisade on the bailey). Later the castle may have been rebuilt in stone.

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Canned vegetables, éclairs and white bread

Tommy Boyd

THANK YOU

The traffic was backed up in South Street e lorry was unloading The cars took it in turn to pass each one thanking the driver who had given way with that little wave of the hand Then a police car I watched to see if the policeman said "Thank you" and he didn t It occurred to me that they may be under orders not to give the wave Sort of makes sense in a hyper-road safety way Am I right?

BENEFIT PAYMENTS

It its true that many people on benefits spend too much of their money on alcohol tobacco and fast food and their healthcare is expensive in consequence could we not pay them partly in food vouchers they can only exchange for fresh vegetables milk and wholemeal bread? Obviously they'd need some cash to buy their lottery tickets

HOMELESSNESS

There was a man Wednesday morning at 8 30am asleep under a tatty blanket in the Northgate underpass I had to explain to a child I was with about homelessness We have come a long way since the dark days of cardboard cities. Well done the welfare system

EATING HABITS

Standing in Ch chester supermarket check-out queues you get to see what other people eat The standout thing for me is how little the elderly know or care about good diet Canned vegetables, éclairs and white bread.

AGE

According to figures two thirds of all the people who have ever lived to the age of 65 in the history of mankind are alive today

IMMIGRATION

A headline this week said that the second most used language in England and Wales is now Polish This put the focus on immigration and no doubt played to the UKIP gallery I wanted to know which language it replaced Arabic? Urdu? Or maybe it was Welsh.

LIFE DOWN HERE

My wife's family all three generations of them moved down here from London last summer Partly I suppose because we go on about how sweet it is here Naturally we felt a bit of pressure in case it didn't suit them But they say they've never been happier the people the pace of life the open skies and smell of the sea when the wind is right We forget they used to call the Chichester plain "God's Pocket"

HOME

However I'm a Londoner dammit a regional immigrant to Chichester South London me Not yer poncey Norf I had to go up to Hammersmith recently and as I reached the pavement outside the Broadway tube I noticed I was walking with my elbows out.

JOKE

A man puts on his donkey jacket and sets off to see the doctor His and his wife are having problems in the bedroom He returns three hours later wearing a pinstripe suit and a bowler hat His wife asks why he was dressed like that. "Because" says the man "The doctor told me that I am important"

Let us know what you think

@chiherald

CONTACT TOMMY AT: TOMMY.BOYD@CHICHESTERHERALD.CO.UK FOLLOW TOMMY ON TWITTER @THETOMMYBOYD

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Tweets of the Week!

All tweets are from Chichester people or about the area
(Some tweets may contain errors)

@Redwardoooh
"And now a boy carrying a dog! Chichester has gone mad! I'm a northerner get me out of here"

@_JeanetteSutton
"Chichester Inn 24th March (Sunday) ART AUCTION with great works If you would like to exhibit let me know! Be a great do!"

@RealEstateHat
"Brand new 4-storey #properties in #Chichester yet many of #Hove's 4-storeys have been converted into bedsits & flats Discuss"

@pjea_chrchester
"Well done to @pjea_chichester @Chi_ College students on fabulous pitch for investment and mentoring No stopping you now!"

@kingston_emily
"Had great meeting at @ToddAnstee offices are in Chichester Never been to Chichester before It's a great location Beautiful properties"

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Chichester
FREE EVERY FRIDAY HERALD

Chichester Herald [illegible] available for self selected pick up / delivery Friday across Chichester and the surrounding area in a wide variety of locations with a weekly readership of up to **75 000.**

Distribution locations include Tesco Sainsbury's Waitrose, Iceland Chichester bus station Chichester train station Westgate Leisure Centre Nuffield Fitness & Wellbeing Cineworld newsagent One Stop Chichester College plus **314 newspaper stands** in the area. Chichester Herald also in all coffee shops We also distribute at east and newspaper to the majority of businesses in your area including industrial estates and the outskirts of the city

Pick-up point areas and businesses delivered to include:
Aldwick Arundel Barnham Birdham Bosham Brackelsham Chichester Fontwell Goodwood Midhurst Nyetimber Pagham Rose Green and East & West Wittering

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[illegible] really does work. [illegible] testimonials

Furniture & Mirror based in Terminus Road say "Whilst a couple were having a coffee in Eric they picked up a Chichester Herald from the stand in the café. They were in Chichester looking for furniture Having seen our advert they came around to the showrooms and having been impressed with the quality and prices they ordered a large selection of goods from us!

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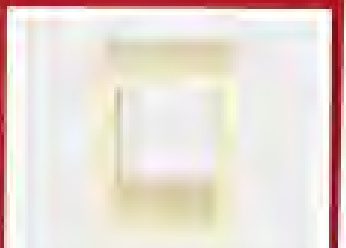

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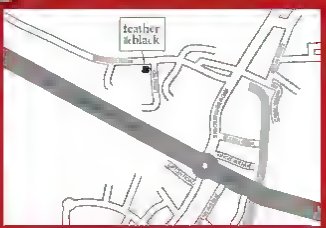

*All clearance products are subject to availability and are sold as seen

Holiday Brochure 2013

Quality UK & Continental Coach & Air Tours

MARCH 2013	date	duration
London Theatre Break	06 March	2 days
Paris Alfresco	08 March	4 days
Saunton Sands & North Devon	11 March	5 days
Tyneham Winter Wonderland	15 March	8 days
Lakes & Dales – New owners	18 March	5 days
Isles of Scilly (by Air)	21 March	6nts
Ironbridge Easter	28 March	5 days
Heart of England Easter	28 March	5 days
Easter Trains, Trams & Waterways	29 March	5 days
APRIL 2013	**date**	**duration**
Springtime in Guernsey (by Air)	04 April	7nts
Inside the Magic Circle	14 April	2 days
Our Tulip River Cruise	14 April	5 days
Great Little Trains of Wales	18 April	5 days
Keukenhof & Dutch Flower Parades	21 April	6 days
Malvern Hills & Welsh Borders	21 April	5 days
Little Switzerland & Springtime in Marsden	22 April	5 days
Tenby & Pembrokeshire	25 April	5 days
MAY 2013	**date**	**duration**
Scottish Highlands & Wester Ross	01 May	9 days
Cruising & Constable Country	04 May	5nts
Malmö & York-Western	05 May	4 days
Norwegian Coastal Voyage (by Air)	11 May	11nts
Waterways of North Wales & Cheshire	12 May	5 days
County Durham	18 May	6 days
Alsace Vines & Champagne Bubbles	25 May	7 days
Wessex & Hardy Country	26 May	5 days
Bergen & The Western Fjords (See Managing Director's Choice)	**27 May**	**.11 days**
Norfolk & The Broads	27 May	5 days
Helker Garden Festival & The Lakes	30 May	5 days
JUNE 2013	**date**	**duration**
Jersey (by Air)	02 June	7nts
Oban & the Isle of Skye	06 June	9 days
Magical Magyar & Connemara Coast	09 June	7 days
Wealth of Scotland	10 June	7 days
Crete (by Air)	11 June	7nts
Brittany, Jersey & Mont St Michel	12 June	6 days
Bournemouth	16 June	5 days
Rhine, Wine & The Moselle Valley	16 June	5 days
Yorkshire Dales & Herriot Country	16 June	6 days
Isle of Man	16 June	7 days
Dales, Trains & Hadrian's Wall	26 June	6 days
Northumberland & The Lindisfarne Gospels	30 June	8 days
JULY 2013	**date**	**duration**
Douro River Cruise (by Air)	01 July	7nts
Scandinavia Explorer	02 July	7 days
Somerset & The Torbay Express	05 July	4 days
Ypres, Passchendaele & Memories of WWI	09 July	4 days
Welsh Railway Lines	15 July	5 days
Landscapes of Wales	18 July	7 days
The Pasnaun Valley & Austrian Tyrol	27 July	9 days
Derbyshire & The Potteries	27 July	6 days
Heart of Scotland	27 July	6 days
All's Well That Ends Well	28 July	5 days
AUGUST 2013	**date**	**duration**
Disneyland Paris	01 Aug	4 days
Scotland by Steam	06 Aug	7 days
Edinburgh Tattoo & The Borders	11 Aug	6 days
Southport Flower Show	12 Aug	6 days
Crystal Waters of The Italian Lakes	17 Aug	9 days
Beautiful Bath & Somerset	18 Aug	5 days
Cardiff & The Brecon Beacons	18 Aug	5 days
Cruising the Seine	18 Aug	7 days
Hanseatic Cavalcade & Glorious Ghent	24 Aug	4 days
Chester & The Wirral	25 Aug	6 days
Montreaux & The Golden Pass Trains	26 Aug	6 days
Weymouth & The Dorset Steam Fair	31 Aug	4 days
SEPTEMBER 2013	**date**	**duration**
A Tale of Two Cities	01 Sept	7 days
Longleat & Downton Abbey	01 Sept	4 days
Killarney & The Ring of Kerry	04 Sept	7 days
Cruising Holland & The Rhine	05 Sept	8 days

Bergen and the Western Fjords

I first visited Norway in the 1960s and immediately fell in love with the stunning scenery, the relaxed way of life and the excellent food! Since then I have travelled the world, and I still hold Norway as my favourite. Our twin centre tour has been arranged to show you the best of the beautiful scenery; snow-capped mountains, glaciers, lakes and raging waterfalls.

Roger

MANAGING DIRECTOR'S CHOICE

Waterways of North Wales & Cheshire	15 Sept	5 days
Bournemouth	15 Sept	5 days
Catalina & The Pires de Europa	15 Sept	10 days
Blackpool Illuminations & Lake Windermere	17 Sept	4 days
Perthshire & Scottish Castles	22 Sept	8 days
Middle England Weekend	27 Sept	4 days
Malvern Hills & Welsh Borders	29 Sept	5 days
Tenby & Pembrokeshire	30 Sept	5 days
Madeira (by Air)	30 Sept	7nts
OCTOBER 2013	**date**	**duration**
Breathtaking Bruges & The Flemish Coast	04 Oct	4 days
The Black Forest	05 Oct	7 days
County Durham	06 Oct	6 days
Warner's Isle of Wight	07 Oct	5 days
Amalfi Coast (by Air)	07 Oct	6nts
Mystery Tour	13 Oct	3 days
Norfolk & The Broads	14 Oct	5 days
Mediterranean Cruise & Lake Garda	14 Oct	15nts
Isles of Scilly (by Air)	19 Oct	5nts
Mediterranean Cruise & The Dolomites	29 Oct	16nts
NOVEMBER 2013	**date**	**duration**
Spectacular South Africa (by Air)	14 Nov	13nts
[illegible]		
Canadian Rockies (by Air)	May '14	9nts

Holidays Available to all BUT with NO SINGLE SUPPLEMENT

FEBRUARY 2013	date	duration
Scarborough Winter Warmer	25 Feb	5 days
MARCH 2013	**date**	**duration**
Mystery Tour	10 March	2 days
Saunton Sands & North Devon	11 March	5 days
Falmouth, Seaton & Dartmoor	17 March	5 days
Carnoch Explorer	21 March	7 days
Isle of Wight Getaway	24 March	2 days
Cotswolds Easter	28 March	5 days
APRIL 2013	**date**	**duration**
Touch of Class in Torquay	01 April	5 days
Springtime in Guernsey (by Air)	04 April	7nts
Cotswolds Blossom Trail	14 April	5 days
Dublin Trains & Gardens	21 April	6 days
Manchester Ship Canal & Ribble Valley	25 April	5 days
MAY 2013	**date**	**duration**
Falmouth, Seaton & Dartmoor	06 May	5 days
Falmouth Touch of Class	06 May	5 days
Warner's & Malvern Spring Show	06 May	5 days
Mystery Tour	11 May	3 days
May Gardens of Cornwall	16 May	8 days
Dawn Busters at The Petwood Hotel	20 May	5 days
JUNE 2013	**date**	**duration**
The Lake District	02 June	6 days
Isle of Wight	03 June	6 days
North Devon Explorer	09 June	6 days
Falmouth	23 June	6 days
Cathedrals & Colleges	23 June	5 days
JULY 2013	**date**	**duration**
Tyntesfield & Warner's Hillerate House	01 July	5 days
Constable Country & East Anglia	07 July	5 days
Sandringham & The Lavender Fields New entries	12 July	5 days
Warner's Bodelwyddan Castle	15 July	5 days
Warner's Alnwick Hall	15 July	5 days
Hunters & Last of the Summer Wine	15 July	5 days
Royal International Air Tattoo	20 July	4 days
Scarborough Spa Express	29 July	5 days
AUGUST 2013	**date**	**duration**
Torquay & Gardens of Devon	04 Aug	6 days
Mystery Tour	04 Aug	2 days
Charlewerth & Warner's Thursley Hall	05 Aug	5 days
Liverpool & Manchester	12 Aug	5 days
Duc Martin & The Cornish Coast	19 Aug	6 days
Buxton & The Peak District	26 Aug	5 days
SEPTEMBER 2013	**date**	**duration**
Falmouth, Seaton & Du Maurier	02 Sept	6 days
Manchester Ship Canal & Ribble Valley	05 Sept	5 days
North Devon Explorer	06 Sept	6 days
Ludlow Shropshire & Ironbridge	09 Sept	5 days
Harrogate Flower Show & Yorkshire Moors	09 Sept	8 days
The Lake District	22 Sept	6 days
Falmouth	22 Sept	6 days
North Wales & the Isle of Anglesey	29 Sept	5 days
OCTOBER 2013	**date**	**duration**
Cornish Explorer	18 Oct	6 days

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ABTA The Travel Association

Attempted rohhery of 11-year-old hoy in Bognor

POLICE are appealing for witnesses to an incident that occured in Bognor Regis

At approximately 3pm on Thursday (24 January) an 11-year-old boy was walking in an alleyway between Pevensey Road and Arun Road when he was approached by two men

They attempted to block the boy's exit and asked for his money. He refused, pushed his way past and made his way home where he called the police

A police spokesperson said: "The men are described as white, both with stubble, aged in their 30s and of average height and build. One of them was wearing a dark green coat, and the other had a black hat. They were in possession of a black cycle, possibly a BMX.

"Anyone with information relating to this incident is asked to call police on 101 quoting serial 0894 24/01 or anonymously to Crimestoppers on 0800 555 111."

Appeal for witnesses to Chichester assault

A MAN has been assaulted in Chichester after signalling for a car to slow down.

At around 3.55pm on Thursday 17 January the victim, a man in his 40s, was waiting at a bus stop in Charles Avenue when he noticed a silver car speeding along the road. He signalled for it to slow down.

The driver of the car then stopped and reversed back towards the victim, stopping next to where he stood.

The car had three men inside. A bleach haired man in the front passenger seat shouted at the victim and words were exchanged. The car was then driven off again, and again it reversed back to the victim. Two of the men got out of the car and one of them punched the victim to the side of his face followed by a couple of other punches.

They then got back in to the car and it was driven towards the victim who jumped onto the car bonnet to prevent being hit. The victim fell from the bonnet as the car was driven away.

The car is believed to be a silver Mercedes, five door saloon car. Two of the men had bland hair and one dark hair.

The victim suffered from pain to his face and leg as a result of the incident.

PC Ben Hitchman of West Sussex Response Investigation Team said: "This was obviously a very distressing incident for the victim and we are appealing for anyone who witnessed this incident and heard exchanges of words between the three men in the car and the victim.

"We would also like to hear from anyone who knows who the three men in the car were."

Anyone with information is asked to contact Sussex Police on 101 quoting serial 997 of 17/1 or the independent charity Crimestoppers anonymously on 0800 555 111.

Chichester's generous Christmas shoppers raise over £1800 for Macmillan Cancer Support

WITH THE HELP of their customers and staff, local bus and coach company Emsworth & District Motor Services Limited have raised £1801.11 for Cancer charity, Macmillan Cancer Support, during their Christmas Free Park & Ride Service to Chichester.

Both Macmillan and the bus company would like to say a huge 'Thank you' to everybody who kindly contributed.

Managing Director Carne Austin Lee said: "We have been operating the Christmas Park and Ride bus service on behalf of West Sussex County Council for approximately seven years and it's the 6th year that we have chosen Macmillan to raise funds for. Thank you to all the generous passengers who used the service and kindly donated. Cancer affects us all, we all know someone who has cancer and Macmillan is a fantastic charity operating in our local community, we are pleased we can help support them in this way."

Steph Georgalakis, Fundraising Manager for Macmillan Cancer Support added: "Since 2006, with the help of the staff at Emsworth & District Motor Services, the Christmas Park and Ride has raised over £9500 for the Charity, which is a fantastic amount. We can't thank the staff and shoppers enough."

Coach fire in Arundel

• A COACH carrying schoolchildren caught fire on London Road near Whiteways Lodge roundabout last Friday (25 Jan).

The coach, on a day visit to Beaulieu Motor Museum, had been carrying around 60 children and teachers from Storrington First School when a fire broke out in the engine at around 3.45pm.

All the passengers left the coach and were taken to another nearby coach. Three children were taken to hospital suffering from smoke inhalation and one other injuries had been reported.

Sergeant Alan Spicer of Sussex Police's Roads Policing Unit said: "I would like to praise the teachers and children from Storrington First School for the way they conducted themselves during this incident. They remained calm throughout and the children listened to the directions of the teachers who did a fantastic job."

There was some traffic disruption in the area while the incident was dealt with.

Headteacher, Garry Smart, said: "I am very grateful for the superb response to the situation by the emergency services and staff.

"The children have been safely returned back to school and have been collected by their families."

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Zero council tax rise recommended for third year by Cabinet

WEST Sussex County Council's Cabinet has recommended that the County Council agree to freeze council tax bills for the third year in a row.

The draft budget for 2013/14 was agreed by the Cabinet at its meeting today (Tuesday January 29) and will now go to the full meeting of West Sussex County Council next month for approval.

If agreed, it will be the third year in a row West Sussex County Council has frozen its share of the council tax bill. It would mean the average Band D taxpayer would continue to pay £1,161.99 for the 80 percent of local government services that are provided by the County Council.

This does not include any figure needed by their District or Borough Council, Sussex Police, or precepts charged by town and parish councils.

Cabinet Member for Finance and Resources Michael Brown said: "It's no secret that nationally we are facing many more years of austerity measures. We are all feeling the pinch, and as such, I am sure households will welcome our proposals to freeze council tax for the coming year."

The budget includes the final year of the County Council's £79 million three-year savings programme, which was agreed to cope with reduced Government grants.

Michael added: "We are on target to make our planned savings over the coming year. These have been difficult times for everyone, but I am pleased to say that the County Council has risen to that challenge. Although we have had to make savings, we have also taken the opportunity to ensure that services are running as efficiently as possible, while still meeting the needs of residents and businesses.

"I am pleased to say that we are planning no new cuts in our draft budget. Our policy remains to avoid cuts to existing budgets over and above the already approved £79 million three-year target. We have protected front-line services as far as possible, and this continues to be our priority as our savings programme continues.

"Thanks to our careful financial management, we have also been able to respond to emergency situations, our £8.25 million Operation Watershed fund set up to pay for flood-related schemes on the back of the recent extreme weather being a prime example."

A recent study by the Audit Commission found that the average amount held by authorities in unearmarked reserves was 5 percent of net spending. The draft budget shows the County Council's unearmarked reserves, held in the General Fund, are estimated at £17.8 million at March 31, 2014, which is approximately 3.3 percent of net revenue spending.

The overall reserves figure will be reducing throughout 2013/14 with planned expenditure from reserves being used to help kickstart the economy providing much needed infrastructure improvements.

The budget will now go to the full West Sussex County Council meeting on Friday February 15 for approval. The meeting takes place at 10.30am at County Hall, West Street, Chichester, and will also be webcast via the County Council's website at www.westsussex.gov.uk.

Witterings Library to close for revamp

PLANS to redecorate and improve Witterings Library will see it temporarily shut for four weeks.

The branch, in 35 Oakfield Avenue, will close at 1pm on Friday March 1 to update its entrance hall and install new self-service machines.

The state-of-the-art terminals are being fitted in all 36 libraries in the county.

It is part of plans to modernise the service by helping readers borrow and return books and items themselves.

Witterings Library will then reopen at 1pm on Wednesday April 3.

Lionel Seward, County Council Deputy Leader responsible for Libraries, said: "These remodel improvements will help make the branch a much more comfortable environment.

"Readers will still be able to borrow up to 20 books before the library shuts or use the other branches in Chichester, Selsey or Bognor Regis.

"In the meantime, our staff will be able answer any questions about the closure or the new self-service machines."

For more information contact Witterings Library on 01243 673454 or visit 35 Oakfield Avenue, Chichester PO20 5ST.

Alternatively visit its website at www.westsussex.gov.uk/libraries.

Toilet goes down the pan

RESIDENTS in a Sussex village have reacted with anger over plans to close a public toilet which has an average of 100 visitors per day.

Wisborough Green toilets could be closed by Chichester District Council to save money.

The parish council said the toilets were well used and popular and accused the council of not consulting over the proposals.

However, the district council said up to £100,000 could be saved.

Parish councillor Jill Sutcliffe said there have been no discussions with the district council.

And the closest other public toilets are three miles away.

John Connor, cabinet member for environment at Chichester District Council, said: "We've done the exercise working on footfall... the daily usage for the loo is about 100 users a day on average.

"Most of that is passing traffic on the road."

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Local boy lights up Paris stage

A TALENTED BOY from Chichester is currently taking time out from The Theatre Workshop to perform in a new and exciting opera 'Street Scene' in Paris, France.

Riordan Kelly, 10, from Chichester first performed with the opera at The Old Vic Theatre in London before traveling to Paris where performances have been received with great success.

Based on the Pulitzer award winning play by Elmer Rice with music by Kurt Weill and Lyrics by Langston Hughes, the opera shares with us 24hours in the life of a 1940's New York tenement one hot summers day it features an eighty strong cast as well as a full choir and orchestra. The opera is a fabulous blend of the Broadway musical format and American opera featuring scintillating show tunes, operatic arias, jazz, blues and spirituals.

Riordan, starring alongside Pablo Cano-Corciofa (12) from Brighton, is no stranger to performing on stage, taking time out of his training from The Theatre Workshop to perform as part of the UK tour production of Oliver in Southampton while Pablo's voice would be recognizable to all CBBC viewers as he was the voice of Small Potatoes!

Riordan's mum, Chichester Herald columnist Denise Kelly, travelled to Paris for the opening night. "When the opening show was just about to start I thought I was going to be sick knowing that Riordy and Pablo were both first on stage in the opening minutes," she says.

"It's such a big deal to us as a family to watch, and being in Paris made it so special. The Theatre is amazing and the cast are wonderful. They have really taken care of the boys and allowed them to have lots of fun. The opening show was spectacular. The boys performed perfectly. Their voices sounded beautiful and they are the main children characters, so lots of words to learn!"

Denise says the opera itself is very emotional, but also very funny, so there were highs and lows. She added: "It's a powerful production, and there were plenty of tissues out that night! I am so proud of them. The fact that these boys can perform in such a high calibre show at the ages is a real achievement. I think this will be something they remember and treasure for the rest of their lives. I knew I will as a parent."

The boy will then progress to Barcelona where they will perform at the Gran Teatre del Liceu, Barcelona.

"Barcelona will be yet another amazing experience," added Denise. "The boys will love meeting the Spanish children and as Pablo is half Spanish, half Italian he will be able to help Riordy out with the language. They are really looking forward to the next leg of the tour and will embrace it as they have Paris and are very much looking forward to performing in one of the most prestigious theatres in Spain. I hope in amongst their busy schedules they will have time to see some sights. It's all such amazing life lessons for them to embrace new surroundings, new people and new experiences. They just seem to take it in their stride!"

Riordan Kelly (left) from Chichester is starring in

Director of The Theatre Workshop, Lora Munro, said: "This is a fabulous opportunity for our students, not only are they performing such an acclaimed piece but they are experiencing touring in Europe! Just the kind of opportunities we like to see our students benefiting from!"

For more information regarding The Theatre Workshop please see www.thetheatreworkshop.com

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Family Ties

Gracie Cliffe

THIS last week has really made me appreciate my family more and realise how important they are. It's been a bit of an emotional week for me, and my family have done nothing but show me their love and support. This also made me think about not only the different types of relationships people have with their families, but also the people who just don't appreciate them.

When I'm feeling down, giving my grandparents a call always puts a smile back on my face, and I always look forward to spending time with them. I've really struggled this week because mine have gone on holiday and I haven't been able to see them. This is one of the reasons I get really annoyed when people don't appreciate the family they have around them, because they won't be around forever. And for my friends who have been unfortunate enough to lose a close family member, I know this bothers them too.

Although I do think that when children are brought up to extremely sheltered homes, it can hold them back without them even realising it. For example I know people who can't make decisions for themselves without consulting with their mum first, no matter how insignificant the detail. I actually think parents that try to keep their child as close as possible to them at all times are acting a little selfish.

But do you think there's such a thing as being too close to your parents? I know a lot of people think that parents shouldn't be friends with their children, and I've heard a lot of 'parent and children aren't equal' in my time. However I don't think being close means the child would have any less respect for their parent. In fact, I know I definitely get along better with my parents knowing they trust me and listens to me.

Now this all being said, I can't admit that sometimes absolutely nothing compares to having a friend to turn to who listens, doesn't judge, and offers a strong shoulder to cry on.

So where do you stand with your family? Are they the first people you turn to for advice, do you cherish their company or dread a sit down meal together? And do you think there's such a thing as being 'too closely knit'?

Let us know what you think @chiherald

Entries open for the world's biggest fundraising swim

THE WORLD'S biggest fundraising swim is back for another year and Marie Curie Cancer Care is urging swimmers across Sussex to sign up for a new challenge for 2013.

Held at over 600 pools across the UK from 26-28 April, the event sees thousands of swimmers challenge themselves through 5k, 2.5k and 1.5k individual challenges or Team 5k/1.5k challenges, while raising funds to help Marie Curie Nurses care for terminally ill people at the end of their lives.

Presenter, Tim Lovejoy and Swimathon President/Olympic gold medallist, Duncan Goodhew launched the event this week with the unveiling of their Swimathon Squad. Duncan and Tim, a Marie Curie Cancer Care supporter, undertook their first training session this month ahead of their 5k team challenge later this year.

Tim Lovejoy commented "Being part of the Swimathon Squad is a fantastic opportunity to brush up on my swimming skills, while raising awareness of Marie Curie Cancer Care. Like many people my family has been affected by cancer so I know just how important the Marie Curie Nursing service is to people at the end of their lives and their families."

Hollie Lucas, Community Fundraiser, in Sussex, says "Every year people across

Sussex take on a Swimathon challenge and have a great time raising funds along the way. You can even choose to take part individually or as part of a team. This year we hope even more people will take the plunge and raise funds to help Marie Curie Nurses provide more free nursing care to terminally ill people in their own homes."

Marie Curie Cancer Care gives people with all terminal illnesses the choice to die at home. Funds raised by taking on Swimathon 2013 will help Marie Curie nurses provide them and their families with free hands on care and emotional support, to their own homes, right until the end.

Enter online for a Swimathon session before 31 January 2013, and you'll enjoy half price entry. Swimmer entry is open at www.swimathon.org until 24 April 2013.

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Ironbridge Easter — 28 March 2013 - 5 Days
Enjoy a wonderful Easter break at the Shrewsbury Manor Hotel and this remarkable part of the country – the birthplace of the industrial revolution. We visit the beautiful towns of Bridgnorth, Ludlow and Worcester, and tour the countryside of Shropshire, Herefordshire and Worcestershire.
This four star Manners hotel is built around a spacious country manor house set in 23 acres of gardens. The private leisure complex includes an indoor swimming pool, jacuzzi, steam room, sauna, solarium and gym. Tennis courts and putting green are available in the grounds. All rooms have TV, telephone, hairdryer, tea/coffee making facilities and bathroom with shower over bath. Full and varied entertainment programme.

Heart of England Easter — 28 March 2013 - 5 Days
This Easter tour is centred near Kenilworth at the superb 4-star Chesford Grange Hotel. This area is blessed with many historic towns and stately homes, wonderful gardens and glorious riverside views. We have included visits to Kenilworth Castle, Charlecote Park and the Robin Hood Bird Sanctuary as well as visiting Broadway, Stratford and Warwick.
Set on 37 acres of grounds, the four-star Chesford Grange Hotel is a luxurious country retreat in the Midlands. Rooms are all en-suite and offer modern comforts. Leisure facilities include swimming pool, steam room, gym and pitch and putt. Entertainment rooms. Bedrooms have TV, telephone, tea/coffee and hospitality tray. The hotel has a lift.

Easter Trains, Trams & Waterways — 29 March 2013 - 5 Days
We are pleased to offer this new Easter tour based at the Crown Plaza Hotel in the centre of Nottingham, where we have included a guided visit and a visit to the castle. We also travel on the Grand Union Canal, the Great Central Railway (voted number 12 on the list of the 50 greatest rail journeys in the world) and visit Crich Tramway Village.
The modern four star Crown Plaza hotel is minutes from the heart of Nottingham and has many nearby attractions. Leisure centre with swimming pool, sauna, Jacuzzi, steam room, gym and fitness rooms. Bedrooms offer TV, tea/coffee making facilities, hairdryer and trouser press. Restaurant, bar and lounge. The hotel has a lift.

Cotswolds Easter — 28 March 2013 - 5 Days
A wonderful Easter break with no supplements! Enjoy some of the prettiest towns of the Cotswolds as well as visiting Malmesbury Abbey, Blenheim Palace, Gloucester and a trip on the Gloucester and Sharpness Canal.
Beautifully situated amidst mature woodland, the four-star Swindon Marriott hotel offers many facilities including indoor pool, spa, health, steam room and gym. All rooms are furnished to a high standard and all have TV, telephone, hairdryer, ironing facilities, safe, minibar and hospitality tray. The hotel has four floors serviced by a lift.

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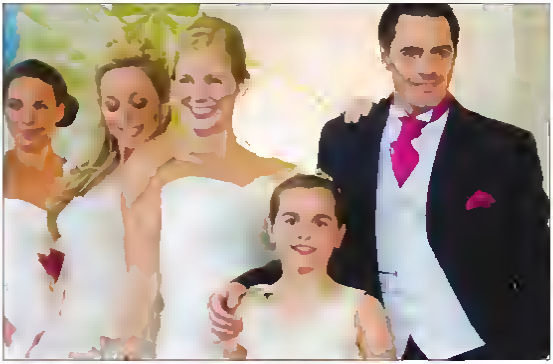
Another exciting season ahead with Stylish Events



STYLISH EVENTS have already started another exciting season of bridal wedding shows at popular venues across Sussex and Hampshire

Their events will feature an incredibly wide range of exhibitors from Bridal wear, entertainment, florists, jewellers, wedding photography, menswear, toastmasters, videographers, wedding cakes potential wedding venues and much more

Special highlights at their events are the spectacular fashion shows, choreographed by Times Two Productions with their professional London Models There will be two of these during the day and they should not be missed as they will feature some of the latest trends in bridal wear, bridesmaids, occasion wear and Menswear There will also be new ideas that add that special touch to the events of the day to make it even more memorable

Tracey Rainford from Stylish Events said "We have had another busy start to this season with a full selection of Exhibitors for your special day and inspiration from our Fashion shows "

There is also the chance to WIN £1000 of Holiday Vouchers to the lucky winner, just enter at one or more of our Spring shows, Stylish Events Ltd are offering this prize in association with Classic Collection Holidays, t's & c's apply please visit the Stylish Events website for more information

Stylish Events also offer each visiting bride a bridal bag full of useful information with the show guide for every bride to take away Entry to the show costs £2 and parking is free For a full list of shows please visitwww stylisheventsfayres com

Rabbit homing any Sunday afternoon 2pm – 3.30pm

SOMETIMES rabbits can be unlucky and they are overlooked when people come to the rescue to select their pets, maybe because their accommodation was at the end of the field and other rabbits were seen first. This has been the fate of Suet and Bakewell A neutered pair Suet, a light brown and black just 5-year old male rabbit and Bakewell a white and brown almost 3 year old female need a caring home to live out their days They get on very well together and as Suet has bad eyesight (due to cataracts) we want to rehome them together Could you offer this friendly pair a forever home? CRRC would pay for all vet bills regarding Suet's eyes using their vet for the rest of his life

A pair of rabbits are suitable pets for adults or older children and require at least a hutch with an attached run, daily feeding, regular handling and typically live 8-12 years If interested in a rabbit, please complete the online form on www crrc co uk under the rabbit picture on the rehoming section Rabbits are only rehomed in pairs or bonded with your own neutered rabbit at The Centre

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• Spaghetti is a tan female and Tagliatelle a black and white male must go to a home together Both friendly, neutered, and nearly 4 years old

• Victoria is a light grey lop and Custard a dark grey lop Both rabbits are large, and would need extra big accommodation

Cat and Rabbit Rescue Centre

They are approximately a year old friendly, neutered females

• Scrumpy Jack is a black and ginger, friendly, neutered, 5 month old male

• Rowntree is a 1 year old, neutered, grey and white friendly female

All rabbits are vaccinated for myxomatosis and VHD and covered by Petplan insurance for up to 4 weeks If the rabbit is neutered/spayed the minimum donation is £35, or if un-neutered you will be given a voucher for neutering free at The Rescue when the rabbit is old enough

Come and view (inside so don't worry about rain!) the rabbits and guinea pigs on any Sunday from 2 00 to 3 30 pm and reserve your choice, pending a satisfactory pre-home visit. Otherwise, Visits are strictly by appointment, Tel 01243 641409

Cat and Rabbit Rescue Centre, Holborow Lodge, Chalder Lane, Sidlesham, Chichester, PO20 7RJ www crrc.co uk

Suet and Bakewell

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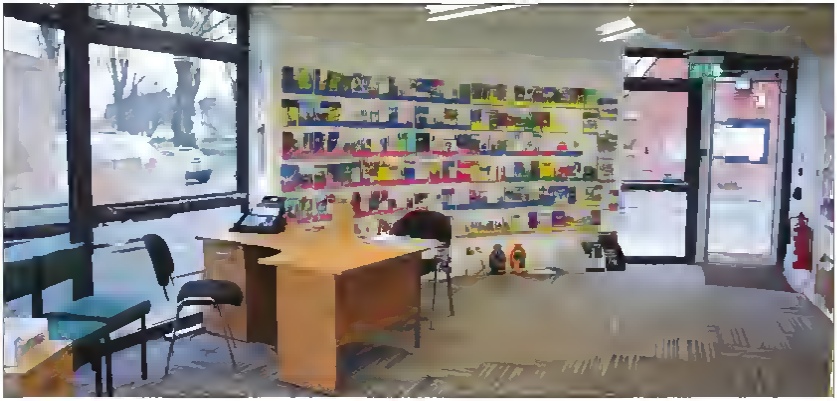
Chichester Business

Chichester Community Information Centre – open for business again!



MANY residents of the Chichester area will have been familiar with the little red portacabin next to the New Park Centre, which was home to Chichester's busy Community Information Centre. From these humble premises, the CIC operated a thriving information and advice service to local people, often receiving up to 400 visitors a month.

The major redevelopment and new building work at the New Park Centre resulted in the temporary closure of the CIC for a few months, but it is now up and running again in a fantastic purpose-built new facility right in front of Centre. The building was officially opened last December and new Rod Stevens, Manager of the CIC is keen to reassure people that it is fully operational and open for business once more.

"This new building has really transformed the way we are able to serve local residents," Rod comments. "As well as the obvious benefits of more space and comfort for visitors and staff, the new building means we are now fully accessible for those with disabilities and mobility issues. We also have a much larger area to display leaflets from local organisations providing a variety of services."

A registered charity, the Community Information Centre provides guidance on all sorts of issues including local services, schools, legal matters, health and wellbeing, family issues, as well as events, activities and places of interest in the area. The Centre is staffed by volunteers with experience in different aspects of community support. If they cannot give visitors the specific information required, they are able to point to other services, organisations and charities that help and support the public.

The CIC is currently working on launching a new website which will give an overview of all the services provided, and will also include an up to date calender for all sorts of events taking place in the area.

Rod concludes: "We would be delighted to see local residents pop into our new premises if they are in need of advice, and take a look at the range of information we have on offer. We would also encourage local service providers, schools, charities, visitor attractions etc to make sure they keep us up to date with their services and also any events they might be running."

The CIC is open to visitors between 9am and 3.30pm Monday to Friday. You can also telephone on 01243 536840, leaving a message if outside opening hours, or email cic@newparkcentre.org.uk

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Quartet (12A)

THREE out of Five stars

Running time: 90 mins
Director: Dustin Hoffman
Starring: Maggie Smith, Michael Gambon, Billy Connolly, Pauline Collins, Tom Courtenay, Sheridan Smith, Gwyneth Jones, Andrew Sachs, Sheila Adewusi, Jumayn Hunter, Trevor Peacock, David Ryall

Warm-hearted, watchable comedy-drama enlivened by an engaging script and a quartet of enjoyable performances from Smith, Connolly, Collins and Courtenay.

What's it all about?

Directed by Dustin Hoffman (making his directorial debut), Quartet is set at Beecham House, a retirement home for opera singers and musicians. When acclaimed soprano Jean (Maggie Smith) arrives at the home, musical director Cedric (Michael Gambon) attempts to reunite the quartet from a famous performance of Verdi's Rigoletto for the home's annual gala performance. Since the three other members (Billy Connolly as wise-cracking Wilf, Pauline Collins as scatter-brained Cissy and Tom Courtenay as depressed Reggie) are all residents of the home, this seems like an easy enough task, but Reggie is still smarting from his failed marriage to Jean - while Jean herself isn't sure she ever wants to sing in public again.

The Good

This is a film that gives you more or less everything you expect and the performances are no exception. Smith delivers her best Maggie Smith (imperious, cutting, but warm hearted beneath the snooty exterior), Connolly is gently amusing as Wilf and Collins is charmingly ditzy as Cissy, while there's equally strong support from both Michael Gambon (clad in dressing gown and fez more or less throughout) and Tom Courtenay, as well as a likeable turn from Sheridan Smith as the film's only young person in the home's resident doctor.

Aside from coaxing engaging performances from his actors, Hoffman pulls off a number of quietly affecting moments without resorting to sugary sentimentality. He also makes the wise decision to cast genuine retired musicians as the other residents, which gives the home a real atmosphere, as people are making their own background music in almost every scene (a roll call at the end of the film reveals an impressive number of credits, which should make a fun game of spot the retired-opera-star for opera buffs).

The Bad

The only real issue with the film is that, while it avoids sentimentality, it's also perhaps a little too feelgood for its own good. For example, in a film about the members of a retirement home, it's natural to expect a scene where one of the residents passes away. Quartet acknowledges that reality with a scene where someone (a background performer) is taken to hospital, only to immediately undercut it with Doctor Sheridan Smith announcing that the person in question is perfectly fine and will be back later.

Worth seeing?

Quartet is an entirely watchable feelgood comedy drama that's as light and fluffy as a soufflé, though you also feel it would collapse under the weight of anything too serious. Still, it's a lot more fun than The Exotic Marigold Hotel and it will play extremely well to its target audience.

Sky Diary – February 2013
By Peter Littlejohns

Low in the south-west shortly after sun-set from the 10th to 21st is the best time to spot Mercury. It is the nearest planet to the Sun and whizzes around like a cricket on a string, completing an orbit ("year") in only 88 days. It rotates on its axis very slowly but, because of the speed of the orbit, if you were standing on the surface a day would seem like 176 Earth days. This makes a "day" on Mercury longer than a year! Because of this slow rotation the temperature difference between night and day can be more than 500 degrees. In mythology fleet footed Mercury was a messenger to the Gods, and a Messenger space probe is currently orbiting this heavily cratered little planet and sending back loads of data.

If you happen to have a good view of the south-west horizon, Mars is just below Mercury and the new Moon is just above on the 11th.

Jupiter, although drawing slowly away from us now, is still low in the night sky in the south and very close to the Moon on the 16th.

Magnificent Saturn is now visible as a mid-night and rising its rings obliquely towards us by nearly 27 degrees. The largest of its 65 satellites is the cloud covered Titan which is actually bigger than Mercury.

The Meteor shower this month has a broad maximum from the 6th. to the 10th which will hopefully produce about 10 shooting stars an hour from a radiant point high in the W S W in the constellation of Auriga.

Friday 01	7.30pm	Stars on Frosty Winter Nights
Sunday 03	3.30pm	The Northern Lights
Sunday 17	3.30pm	The Northern Lights
Monday 18	3.30pm	Stars on Frosty Winter Nights
Tuesday 19	1.30pm	All Aboard! - A Tour of the Planets
Tuesday 19	3.30pm	All Aboard! – A Tour of the Planets
Wednesday 20	3.30pm	Stars on Frosty Winter Nights
Thursday 21	3.30pm	Hubble's Glorious Universe
Friday 22	7.30pm	Seven Wonders of the Solar System
Sunday 24	3.30pm	The Moon: Our Nearest Neighbour

Tickets: Adults £6.00, Children £4.00. Tickets are available to callers at the Tourist Info[illegible] Street, Chichester. Alternatively please phone 01243 774400 or ticket hotline 078[illegible] 297292 to reserve tickets. Payment by cash or cheque only on the day. A map showing our location can be found at: www.southdowns.org.uk

QUARTET COMPETITION

WIN 2 TICKETS!

For a chance to win 2 tickets, answer the following question

Q. DUSTIN HOFFMAN SHOT TO FAME IN WHICH FILM?

A. THE GRADUATE

B. RAIN MAN

C. OUTBREAK

Send your answer and include your full name, address and a contact phone number to **competition@chichesterherald.co.uk**. One lucky winner will be selected at random. Closing time is Tuesday 5th Feb 2013 at midday. The winner will be notified later on that day.

- Last weeks winner is Steve Wilson from Chichester

One entry per household per competition. Terms and conditions apply.

cineworld CINEMAS

Cineworld Chichester
Chichester Gate, Chichester
PO19 8EL - 0871 200 2000

Advance warning…Fishbourne Flat Five…

THE 9TH ANNUAL Fishbourne Flat Five will take place on Sunday April 28th. This hugely popular event will, as ever, be a 5-mile run/walk following the traditional course around the harbour. Meeting will be at the Fishbourne Centre at 09.45am with the event starting at 10.00am. This event is aimed at competitive runners and first timers as well as individuals or groups who enjoy walking round the harbour.

This year, they are delighted to announce that money will be raised for the St. Peter Project. A spokesperson said: "It would be absolutely fantastic if we could have record numbers of walkers and runners from both churches so that the event can raise a really substantial amount for the project."

More details will be forthcoming about ways you can be involved but please note the date in your diary and maybe even start training!

Entry forms and further details will shortly be available from the website www.fishbourneflatfive.co.uk or at Fishbourne Primary School, the Fishbourne Centre, Beckie Lou and the Westgate Centre or please contact Su Leeming on 01243 774311

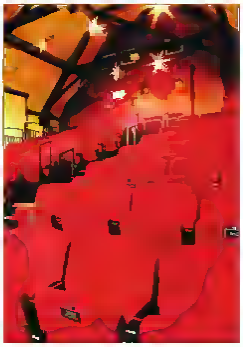
All About The Horse Raceday returns to Fontwell Park

ON SUNDAY 24th February, Fontwell Park's first feature meeting of 2013 will see the All About The Horse Raceday return to Fontwell Park. Racegoers will have the opportunity to learn all about the Sport of Kings with some great entertainment themed around the racehorse.

Along with 7 races, entertainment such as Meet The Racehorse, Pony Rides, a Racehorse Simulator and a Farrier demonstration will feature in the running order of the day, with a live auction raising money for the Racehorse Sanctuary in the Parade Ring after the second race.

London 2012 Olympic Silver Medallist, Tina Cook, will also be at Fontwell Park showing off her medal and giving a live interview talking through her Cross Country round in the Team Eventing in July last year. This will be a fitting appearance for Tina, as the second race will be run for the Josh Gifford Cup in memory of her late father, a former Champion jockey & Grand National winning trainer. Josh Gifford died in February 2012 and was a keen supporter at Fontwell Park.

The feature race on the card will be the running of the Intepool National Spirit Hurdle. Fontwell Park's richest race with prize money increased from £29,000 in 2012 to £50,000 this year. Clerk of the Course, Edward Arkell said: "I'm delighted that our plans to increase the prize money for this race were passed by our board of directors. We are committed to increasing the prize money & quality of racing here at Fontwell and we have made a number of upgrades to the programme. We have now included a Class 3 race in most of our race programmes to create a feature race on every weekday racing."



Fri 1 Feb
13:00 The Sessions (15) 97m
15:00 Django Unchained (15) 141m
18:00 The Sessions
20:15 Django Unchained

Sat 2 Feb
13:00 Django Unchained
15:45 The Sessions
18:00 Django Unchained
21:00 The Sessions

Sun 3 Feb
13:00 The Sessions
15:00 Falstaff (Glyndebourne 2009) 120m + Interval
18:00 The Sessions
20:15 Django Unchained

Mon 4 Feb
13:00 The Sessions
15:15 Django Unchained
18:00 The Sessions
20:15 Django Unchained

Tue 5 Feb
13:30 The Sessions
15:45 Sister (15) 97m
18:00 Django Unchained
21:00 The Sessions

Wed 6 Feb
13:00 Sister
15:15 Django Unchained
18:00 The Sessions
20:15 Django Unchained

Thu 7 Feb
13:00 The Sessions
15:15 Django Unchained
18:00 Sister
20:45 Django Unchained

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Please note this offer is only available to supporters who have purchased a season ticket in the last three seasons. Tickets also available at the Amex ticket office or from the club shop in Queens Road, Brighton.

SATURDAY'S TV 2.02.13

Listings supplied by Press Association

CHOICE

Clare Balding

Britain's Brightest
BBC1, 7pm
Given his offbeat turns on Mock the Week, it's little wonder Milton Jones star hes been on the rise for some years now This week he ll be helping to raise a few laughs on Clare Balding s puzzle-themed show and with next week s final being the main focus for the final six contestants it ll be intriguing to see who has the right stuff to make it through to the series end Aside from Mr Jones other challenges involve those nutty boys/man Madness, and a German bottle band As ever the self-confessed brainboxes aim to get that one step closer to claiming the prize of £50 000.

BBC1

6.00 Breakfast. **10.00** Saturday Kitchen Live. **11.30** Thn Gand Cook. (R) **12.00** BBC News Regional News Weather **12.15** Football Focus **1.00** Live Six Nnt inn Rugby Union **3.30** Live Six Nntionn Rugby Union **5.55** BBC News Regional News Weather

6.15 Pointless Cnlnmidiee With brother and sister Colin Jackson and Suzannn Packer (R)

7.00 Onion's Brightest. The last six contestants nompete for thn renain ng placn in next week's final taking on challenges nvolv ng pop ng ginng Madness nnmed an Milton Jones and a German bottln band

8.00 The National Lottery: In It to Win It. Dain Winkin presents thn gnizn which live contestants pl tnnir wits in sceni g hig cash gnze Inninites the Rat nnal Lottery draws presented by Mylenne Klass

8.50 Casualty Jordan's return to Rolby reaches a dramatic cl max when he n calle' hpeatle save thn life of the person he killed his girlfriend Michael Frannh stars

9.40 Mrs Brown's Boys Rory and Dnno have a first nir. Mark and Kelly announnce their imminent departure to Australia and a strange phnnn call causes the brown children to susp ect one of them may be adopted. (R)

10.10 BBC News: Weather

10.30 Match of the Day Including achon from Fnlham v Manchester United National Lottery Update

12.00 Thn Football League Show
1.15 Weatherview **1.20** BBC News.

BBC2

6.00 Film: Devil's Canyon (1953) **7.30** Great British Menu (R) **8.40** Great British Menu (R) **9.30** Great British Menu (R) **10.20** A Hes ory of Britain by Simon Schama. (R) **11.10** Must the Ancest rs. (R) **11.30** Map Man. (R) **12.00** In the Food Mnd Easy (R) **12.50** Mastermind. (R) **1.00** University Challenge. (R) **1.30** Talking Pictures. **2.10** Film: Anchors Aweigh (1945) **4.25** Final Score **5.30** Thn Great Comic Relief Bake Off. (R)

6.30 Flog It! James Lewis and Kate Bliss value Actor's Strand. (R)

7.00 Top Gear The motoring magazinn relnnns Jnnemy Clarkson and his s small car and g ithes the concept n the Dragons Den and Damian Lewis in the Star in a Reasonably Priced Car (R)

8.00 Dad's Army. Sergeant Wilson joins thn aristocracy (R)

8.30 National Wonder: Kangaroo Dundee Part two of two family n ommunes to race the three joeys hn rescued in his one-room thn shack in the Outback, but nne of them is seriously ill

9.30 Howard Goodall's Story of Music Thn composer examines thn extraordinarily fertin musical period between 1650 and 1750 which saw innovations including the orchestra the twenty-th modern tuning and thn opera Also on BBC HD at 11pm

10.30 QI XL With Nina Conti, Sean Lock and Bill Bailey (R)

11.15 Film: The Good Shepherd. (2006) Fact-based spy drama, starring Matt Damon and Robert De Niro.

ITV

6.00 CITV: Handy Manny **6.10** Hanl fy Manny **6.25** The Hive. (R) **6.40** Dan Dan (R) **6.55** Dan Dan (R) **7.05** Almost Naked Animals. (R) **7.15** Almost Naked Animals. (R) **7.30** Almost Naked Animals (R) **7.40** Matt Hatter Chronicles. (R) **8.00** Ultimate Spider-Man **8.30** Victorious (R) **9.00** Jessie **9.25** ITV News **9.30** The Jeremy Kyle Show USA **10.25** The Jeremy Kyle Show USA. **11.20** Saturday Confidenti. (R) **12.20** ITV News; Weather. **12.25** Munster, She Wrote. (R) **1.25** Countrywise. (R) **1.55** My Family Ryvals with Lydia Bellingham. (R) **2.40** Dinner Dain (R) **3.45** Film: Thn Flintstones. (1994) **5.30** Regional programme Weather **6.45** ITV News: Weather

8.00 New Year's Eve's Framed' Top 100 Talent

9.00 Splash! Thn final which sees thn ten remaining celebrity divers attempting to somersault twist and glke their way to victory Last in the series

9.30 Take Me Out A guitar teacher n 999 call operator a chair leather and a snicher enter the love lit s the hope of impressing 30 single women Paddy McGuinness presents the dating show

9.45 The Jonathan Ross Show The host nhosts n nmedian Eddie Izzard broadcaster and naturalist David Attenborough stand-up-turned-actor Russell Brand and action-film star Dolph Lundgren With music by Pulp

10.00 ITV News: Weather

11.05 Film: Pride and Prejudice. (2005) Period drama, starring Keira Knightley

1.25 Jack Taylor **2.15** In a Skin Sight. (R) **3.40** ITV Nightscreen.

CHANNEL 4

6.00 Salt Mnll. (R) **6.10** The Henbs. (R) **6.35** The Henbs. (R) **7.05** Beach Volley alk **8.00** The Wrecking Line **9.00** Everynvrly Loves Raymnnd **9.30** Everynvrly Loves Raymnnd. (R) **10.00** Foodie' Lives Raymnnd. (R) **10.30** Fraser (R) **11.00** The Big Bang Theory (R) **11.30** The Big Bang Theory (R) **12.00** The Simpsons (R) **12.30** Underworld: Beas Australia (R) **1.30** Channel 4 Racing. **4.00** Come Dine with Me. Ireland. **4.30** Come Dine with Me Ireland. **5.00** Come Dine with Me Ireland. **5.35** Come Dine with Me Ireland.

6.05 Come Dine with Me Ireland Former lawyer Fiona Brickley now a nut trader begins his belly of pork main will be enough to win her the 1 000 euro prize and the bosts the final dinner party in Cork.

5.30 Channel 4 News

7.05 4thought Ivr People of different bnths talk about how their rel gnns views the nonn ng-kon-nl mindset

7.10 Film: Crocodile Dundee (1986) An Australian hunter with a large than life reputation accompanies a reporter from the Outback to the nrkan jungle of Manhattan Comedy starring Paul Hogan and Linda Kozlowski

8.05 World Without End Mathw Cashmnndn Cars to France to petition the king who is desperate to find a way to hin army to cross thn River Stnmm afternoon they will be ingaged and nndnr nege.

10.00 Film: Along Came a Spider (2001) Detective thriller starring Morgan Freeman

12.05 Film: Chatnnen (2010) **1.00** Film: Birthday Girl. (2001) Comedy with Nicole Kidman **3.20** Hollyoaks **5.25** Countdown. (R)

CHANNEL 5

6.00 Milkshake! **10.00** Power Rangers Samurai (R) **10.25** Batman: The Brave and the Bold **11.10** Inside Hollywood 2013 **11.20** The Gadget Show (R) **12.20** Police Interceptors. (R) **1.20** Films: Mrs Calloway's C...ger War (2009) **3.30** Film: Desperate Escape (2009) **5.15** Film: By Appointment Only (2007)

6.50 5 News Weekend.

6.55 NCIS. (R)

7.45 NCIS Chloe sends DiNozzo and Ziva on a dangerous mission to retrieve top-secret information from a secure military base n nd to expose n spy in NCIS (R)

9.40 Law & Order Acca s murdered dining thotched robbery triggering an investigation that leads Green and Cassidy to a paparazzo who may have compromising photos of a celebrity (R)

9.40 Law & Order: Special Victims Unit New series. Thn detectives are forced to rely on an officer from another district when a rape victim refuses to talk to anyone but him when introductions to the new ADA go badly

10.40 Law & Order: Criminal Intent New series. Part one of two. Gorrin and Eames investigate an illegal arms deal.

11.35 Tree Crimes: The First 72 Hours A neonal predator is caught by behavioural and geographical profiling

12.05 SuperCanine. **4.00** Minhaela's Wild Challenge. (R) **4.25** Divine Designs. (R) **4.50** Country Secrets. (R) **5.05** Hnna's Holiday. (R) **5.15** The Mnskiwhel Show. (R) **5.40** Thomas & Friends. (R) **5.50** Rory the Racing Car. (R)

DIGITAL

BBC Three
7.00 Merlin **8.05** Doctor Who **9.35** Film: Cnnl Runnings (1993) Fact based sporting nomedy starring John Candy **10.10** Russell Howard's Good News Extra **10.55** Family Guy **11.00** American Dad!

BBC Four
7.00 Lost Land of thn Volcano **8.00** Thn Treasures of Ancient Rome **9.00** Bargain **11.00** Queens of British Pop

ITV2
5.00 Film: Toy Story (1995) **6.35** Film: Santa in the Future Part II (1989) Sci-fi comedy sequel starring Michael J Fox. **8.45** Take Mn Out The Gossi **10.30** Fake Reaction **11.15** Film: Wanted (2008) Action adventure starring James McAvoy and Angelina Jolie

ITV3
6.30 A Touch of Frost **5.00** Agatha Christie's Marple **7.00** Doc Martin **8.00** Midsomer Murders **11.00** Film: Thn Graduate (1967)

ITV4
2.30 Live Africa Cup of Nations: Thn opening quarter-final (Kick off 3.00pm) **5.15** Cheers **5.45** World of Sport Footballing Upsets **6.00** L ve Africa Cup of Nations: Thn second quarter-f nal (Kick-off 2.30pm) **8.00** Champions League Hnndan **10.00** Film: Nightwalks (1981)

E4
3.35 Rnles of Engagement **6.00** Thn Big Bang Theory **7.00** Hnppy Endings **8.00** How I Met Your Mother **8.30** Broke Girls **9.00** Film: Toy Gnn (1995) **11.10** The Big Bang Theory

Film4
3.05 Murder Ahay (1954) **4.35** Little Manhattan (2005) **6.40** Mnna Lisa Smile (2003) **8.00** Thn A Team (2010) Action adventure starring Liam Neeson **11.05** Orphan (2009)

SUNDAY'S TV 3.02.13

CHOICE

Brian Cox

Wonders of Life
BBC2, 9pm
Professor Brian Cox is everywhere at the minute University lecturer by day stargazer and the Beeb s most intriguing presenter by night, it's little wonder he finds the time to fit it all in But that he does, and he stretches himself even further as his new series Wonders of Life continues. The physicist is making his way around the globe on a mission to investigate whether the emergence of life was an inevitable consequence of the physical laws that rule the universe. This week Brian finds himself doing what most of us often dream of: tripping across America

BBC1

6.00 Breakfast. **1.25** Match of the Day. (R) **3.15** The Andrew Marr Show **10.00** Thn Big Questions. **11.00** Sunday Politics Weather for thn Week Ahead **12.25** Countryfile. (R) **1.30** Call the Midwife. (R) **2.25** Live Six Nations Rugby Union **5.00** Africa. (R)

5.00 BBC News Regional News, Weather

5.20 Blandings David Walliams returns as nn-nonsense secretary Baxter

6.00 Countryfile Items from the snowy Yorkshire Dales, including cheese-making at Jervaulx Abbey n thn style of the Cistercian monks and following a veinnnary couple on their farm rnnnin Including Weather for the Week Ahead

6.40 Call the Midwife Jenny is despended to a short-staffed hospital in London but finn taking nrrgeon Mr Tracey leaven her reluctant to carry out her duties

7.40 Ripper Street. As it snoss someth ng nrnes when a Jewish church is found dead leading the team into the murky world of the Finish government's fight against international terrorism

10.00 BBC News Regional News Weather

10.25 Match of the Day 2
Inninding highlights of Manchester City v Liverpool.

11.15 From 101 – Extra Storage With Gillin Black, Hugh Dennnant Mnl Gardroye.

11.55 The Sky at Night. From the Royal Observatory Greenwich

12.15 The Celebrity Apprentice USA. **1.40** Six Nations Rugby Union. **3.25** Weatherview **3.30** BBC News.

BBC2

6.00 Close **4.50** Film: A Walk in thn Sun (1945) **8.45** L nn n Cottage Gardnn w th Carol Klein. (R) **9.15** A to Z of TV Gardening **10.40** Saturday Kitchen Best Dishes **11.30** Thn Little Paris Kitchen Cooking with Rachel Khoo. (R) **12.00** EnstEnstnns. (R) **1.00** Class. **2.10** Natural World: Kangaroo Dundee. (R) **3.10** Natural World: Kangaroo Dundee. (R) **4.10** Thn Great Comic Relief Bake Off. (R) **5.10** Songs of Praise **5.45** Sli Sunday

6.30 Orla: Earth's Extraordinary Journey Kate Humblin and Helen Czerski follow thn earth s journey around the nnn from the March equinox to the nnd of June. Last in thn series (R)

7.35 Open All Hours Granville tries to persuade Arkwright to buy n van, so his does not have to struggle with the shop s outdated delivery bike (R)

8.00 Toy Gear Jeremy Clarkson Richard Hammond and James May pilot three front engined nipercars on a road trip from Las Vegas to Palm Springs via Los Angeles. With drummer Mick Fleetwood.

9.00 Wonders of Life Professor Brian Cox encounters extraordinary creatures in the US as he investigates how the species evolved charting the journey from single-celled organisms to sentient beings

10.00 A Night with the Stars
Professor Brian Cox explores challeng ny concepts in physics (R)

11.00 Live American Football Super Bowl XLVII San Francisco 49ers v Baltimore Ravens (Kick-off 11.30pm).

ITV

6.00 CITV: Handy Manny **8.10** Hanly Manny **8.25** The Hive. (R) **8.35** Thn Hivn (R) **8.45** D no Dan (R) **8.55** Dino Dan (R) **9.05** Almost Naked Animals. (R) **9.15** Almost Naked Animals. (R) **9.30** Almost Naked Animals (R) **9.40** Matt Hatter Chronicles. (R) **9.55** Rated Ator Awesome **10.15** Rated Ator Awesome **10.30** Bug Thne Rnsh **5.00** Thn Annhals Super Show **8.25** ITV News **8.30** House Guess in thn Sn (R) **9.25** 60 Minn Makeover (R) **11.25** May the Best Nwan Win Vive la France (R) **12.25** ITV News Weather **12.35** Dickinson's Real Deal (R) **1.35** Rosemary & Thyme (R) **2.35** You've Been Framed! (R) **3.00 Film:** Harry Potter and the Philosopher's Stone (2001) **6.00** Regional Programme Weather

8.05 ITV News: Weather

8.15 Downing on Ice.

7.45 All Star Family Fortunes With actress Samantha Womack and McFly's Tom Fletcher

8.30 Downing on Ice: The Skate Off Thn two lowest-scoring nnntestants perform new routines with thn judges decid ng which couple deserves nnnther nhance and n place in next week's show

9.00 Mr Selfridge Harry hits rock bottom after a misinformation with Rosfridge has received n visit from his mistress Ellen Love, while Agnes falls out with Victor when she returns to the store

10.00 ITV News at Ten: Weather

10.10 It'll Be Alright on the Night. Celebrity bloopers with Griff Rhys Jones (R)

11.15 Anglo-Welsh Cup Rugby Union

12.10 Thn Store **2.10** Mnnk. (R) **2.55** ITV Nightscreen **5.05** Thn Jeremy Kyle Show. (R)

CHANNEL 4

8.10 The Henbs. (R) **8.35** The Henbs. (R) **7.05** Will & Grace. (R) **1.00** Everybody Loves Raymond (R) **1.55** Everynvrly Loves Raymond. (R) **8.25** Frasier. (R) **8.50** Frasier. (R) **9.30** Sunday Brunch **12.05** Thn Big Bang Theory (R) **12.35** Thn Big Bang Theory (R) **12.55** The Simpsons (R) **2.05** Film: Star Trnk II: Thn Wrath of Khan (1582) **4.20** Thn Team **5.20** Deal or No Deal

8.20 Channel 4 News

9.50 4thonghtJe Alcohol consnmnt on and religion

8.55 The Political Slot A day in the life of Conservative Party Chairman Grant Shapps

1.00 Come Dine with Me. A week of dinnnn parties in Edinburgh featuring an around the world menu a "sunset n nd" theme and a start at some Hessian Bnnnantial-style nonking

8.00 The Hotel Mark wants Christian to become more cost conscious and gives him a chance to prove h mself by asking him to organise a weekly gay bar and oversee a local couple s nuptials.

9.00 Film: Source Code (2011) Prisoners A pilot investigates a bombing by having his mind transferred into one of the victims for the last eight minutes of his life. Sci-fi thriller with Jake Gyllnnhaal

10.50 Film: The Accused (1988) Oscar winning drama starring Jodie Foster

12.55 Film: Rnthnnd. (2007) Comedy with Martin Lawrence **2.20** Smallville **3.00** Coming Up (R) **3.30** St Elsewhere **4.15** Deal or No Deal. (R) **5.10** Countdown. (R) **5.55** Quick Bakes with Eric Lanlard.

CHANNEL 5

6.00 Milkshake! Peppa Pig **8.05** Rory the Racing Car (R) **8.15** Fifi and thn Flowertots (R) **8.25** Bnnt and Smn's Great Adventures (R) **8.30** Thn Mr Men Show (R) **8.45** Olive thn Ostnch (R) **8.50** Archy's Flying Fairy School (R) **1.00** Noahah and Custard Pie (R) **7.10** Bananas in Pyjamas (R) **1.20** Animal Antics (R) **1.30** Mnke Way for Nnddy (R) **7.40** Milkshake! Monkey. (R) **1.45** Ooly el Foonds. (R) **7.55** Little Princess. (R) **8.10** The Adventures of Sn th Tnd Jnll and His Best Friend Corky (R) **8.20** Mo Mio (R) **8.25** Angel ve Ballnrina. (R) **8.40** Milkshake! Show Songs (R) **8.45** Bnuert Bear (R) **8.40** Bnn and Holly's Little Kingdom (R) **9.15** Ricky's Travelling Circus (R) **9.25** Little Lodgers (R) **9.30** Rory the Racing Car (R) **9.45** Jnlly Jamm **10.00** Power Rangers Samurai (R) **10.30** Batman: The Brave and the Bold **11.10** Looney Tunes (R) **11.20** Once Upon a Time (R) **12.20** Films: Thn Princess Bride (1987) **2.10** Titanic (R) **5.25** 5 News Weekend **6.35** Film: The Wnch (1990)

1.15 Film: The Time Machine. (2002) Sci f nterstone based on thn HG Wells novel

9.00 Person of Interest Thn Machinn directs Reese and Finch to protect a lawyer who specialises in suing on behalf of nnnvicts who claim they were wrongfully incnrcerated

10.00 Film: Rambo (2008) Action sequel directed by and starring Sylvester Stallone.

11.45 Ice Road Truckers (R)

12.45 How Do They Do It? (R) **1.15** SnparCars no. **4.00** Michaela's Wild Challenge (R) **4.25** Divine Designs (R) **4.50** Country Secrets (R) **5.05** Hanna Henjahn (R) **5.15** The Mnlksharnt Show (R) **5.40** Thomas & Friends (R) **5.50** Rory the Racing Car (R)

DIGITAL

BBC Three
7.00 Great Movie Mistakes 2011 Not in 3D **7.05** Wallace & Gromit: The Wrong Trousers **7.35** Film: Snowman Nnnmen (2006) **10.00** Being Human **11.00** Family Guy **11.45** American Dad!

BBC Four
7.00 Thn Story of British Pathe **8.00** Nghtots: Housewives & Hens nes **9.** 17th Century Masters **10.** Grin **1.00** Frank Sinatra: The Voice of the Century Arena Special **10.30** Film: The Salt of Life (2011)

ITV2
8.55 Take Mn Out – The Gnnnle **4.40** Thn Best of You've been Framed! **5.40** Film: Back to the Future Part III (1990) **8.05** You've Been Framed! Calendar Special **9.00** Thn Magnificent Weekender **10.00** Film: Thn Bourne Identity (2002)

ITV3
8.35 Agatha Christie's Marple **5.45** Murder She Wrote **6.40** Agatha Christie's Poirot **8.00** David Jason's Greatest Escapes **11.03** Film: Schindler's List (1993)

ITV4
2.30 Live Africa Cup of Nations **5.14** Cheers **5.45** Greatest FA Cup Finals **8.00** Live Africa Cup of Nations **8.00** Anglo Welsh Cup Rugby Union **10.00** Film: The Magnificent Seven (1960)

E4
6.00 Revenge **6.00** Thn Big Bang Theory **7.00** How I Met Your Mother **8.00** Film: Romancing the Stnnn (1984) **10.05** What Happenn in Kavnn **11.00** My Mad Fat Diary

Film4
3.05 Because of Winn-Dixie (2005) **5.10** Thn Honeymooners (2005) **6.50** Smoglrl (2005) Romantic comedy starring Chris Evans and Steve Martin **8.00** Assault on Precinct 13 (2005) **11.10** M A S*H (1970)

Monday

BBC1 6.00 Breakfast. 9.15 Wanted Down Under Revisited 10.00 Homes Under the Hammer. BBC News. Weather 11.00 The Sheriffs Are Coming (r) 11.45 Cowboy Trap. BBC News. Weather 12.15 Bargain Hunt 1.00 BBC News. Weather 1.30 Regional News. Weather 1.45 Doctors. 2.15 Only Fools and Horses (r) 3.15 Perfection. 4.00 Escape to the Country. 4.30 Antiques Road Trip. 5.15 Pointless. 6.00 BBC News. Weather 6.30 Regional News Programmes. Weather 7.00 The One Show. 7.30 EastEnders. BBC News. Regional News. 8.00 Holby City. 9.00 Omnibus. 10.00 BBC News. 10.25 Regional News. Weather. National Lottery Update. 10.35 Out of Jail and on the Streets. 11.35 Film: Rumble in the Bronx. (1995) Martial arts adventure starring Jackie Chan. 1.00 Weatherview. 1.05 BBC News

BBC2 5.00 Close. 6.10 Homes Under the Hammer (r) 7.10 The Sheriffs Are Coming (r) 7.00 Cowboy Trap. (r) 8.25 Sign Zone Show for the Moment. (r) 9.10 MasterChef: The Professionals. (r) 9.40 Countryfile. (r) 10.35 Click. 11.00 BBC News. 11.30 BBC World News. 12.00 Daily Politics. 1.00 Thr One Show. (r) 1.30 Six Nations Rugby Union. (r) 2.15 Classic Mastermind. (r) 2.45 Real History of Britain. (r) 3.15 Rick Stein's Far Eastern Odyssey. (r) 4.15 Life on Earth. (r) 5.15 Vintage Antiques Roadshow. (r) 6.00 Eggheads. 6.30 Great British Railway Journeys. Goes to Ireland. 7.00 Railway Walks. (r) 7.30 Great British Menu. 8.00 University Challenge. 8.30 Food & Drink. 9.00 Dancing on the Edge. 10.30 Newsnight. Weather. 11.20 Losemoor: Dan Snow's History of Railways. (r) 12.20 Sign Zone Film 2013. (r) 12.50 Hetby City. (r) 1.50 Close. 3.55 BBC Learning Zone.

ITV 6.00 Daybreak. 9.25 Lorraine. 9.25 The Jeremy Kyle Show. 10.30 This Morning. 12.30 Loose Women. 1.30 ITV News. Weather. 1.55 ITV News London Weather. 2.00 Dickinson's Real Deal. 3.00 The Alan Titchmarsh Show. 3.55 ITV London Weather. 4.00 Tipping Point. 5.00 The Chase. 6.00 ITV News London Weather. 6.30 ITV News. Weather. 7.00 Emmerdale. 7.30 Coronation Street. 8.00 Cornwall with Caroline Quentin. 8.30 Downtown Street. 9.00 Lewis. 10.00 ITV News at Ten. Weather. 10.30 ITV News London. Weather. 10.35 The Agenda. 11.05 Monk. (r) 12.00 Jackpot247. 3.00 The Jeremy Kyle Show. (r) 3.55 ITV Nightstream. 5.05 The Jeremy Kyle Show. (r)

Channel 4 6.05 Sali Mali. (r) 8.10 The Hoobs. (r) 7.00 According to Jim. (r) 7.30 Every Which Loves Raymond. (r) 7.55 Everybody Loves Raymond. (r) 8.25 Frasier. (r) 9.00 Frasier. (r) 9.30 Frasier. (r) 10.00 Undercover Boss Canada. 11.00 Come Dine with Me. (r) 12.00 Channel 4 News Midday Summary. 12.05 James's 15 Minute Meals. (r) 12.30 Kirsty's Vintage Cars. 2.40 Fern: Welcome to the Ward. (1956) Drama with Flora Robson and Lauren Bacall. 2.40 Countdown. 3.30 Face the Clock. 4.00 Deal or No Deal. 5.00 Four in a Bed. 5.30 Come Dine with Me. 6.00 The Simpsons. (r) 6.30 Hollyoaks. 7.00 Channel 4 News. 7.55 Athoughtfor. 8.00 Supersize vs Superskinny. 9.00 The Undateables. 10.00 Boyle Family. 11.05 Hamelm Aots. 11.10 Drink. (r) 11.45 One Born Every Minute. (r) 12.45 European Poker Tour. 1.40 KOTV Boxing Weekly. 2.10 Sailing: American Cup Overview. 2.35 Speedway: Elite League. (r) 3.30 Film: Monkey Business. (1952) Comedy starring Cary Grant and Marilyn Monroe. 5.05 Deal or No Deal. (r)

Channel 5 5.00 Milkshake! 9.15 The Wright Stuff. 11.10 Trisha. 12.10 Looney Tunes. (r) 12.10 5 News Lunchtime. 12.15 Wild Things with Dominic Monaghan. (r) 1.15 Home and Away. 1.45 Neighbours. 2.15 NCIS. (r) 3.15 Film: The Mummy's Tomb. (2012) Premiere. Drama starring Anne Paris. 5.00 5 News at 5. 5.30 Neighbours. (r) 6.00 Home and Away. (r) 6.30 5 News at 6.30. 7.00 Monkey Life. (r) 7.30 Highland Emergency. (r) 8.00 5 News Update. 8.00 Benidorm. (r) 9.00 5 News at 9. 10.00 Dallas. (r) and John Boss strike a deal to invest control of Ewing Energies away from Christopher and Bobby, while Rebecca schemes with John Ross to fulfil her father's desire for revenge. 10.00 Film: Hospital Saving Jesus. (2003) CSI: NY. (r) 11.00 CSI: Miami. (r) 12.55 SuperCasino. 4.00 House Doctor. (r) 5.00 Michaela's Wild Challenge. (r)

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Channel 4 6.10 The Hoobs. (r) 6.35 The Hoobs. (r) 7.00 According to Jim. (r) 7.30 Everybody Loves Raymond. (r) 7.55 Everybody Loves Raymond. (r) 8.25 Frasier. (r) 9.00 Frasier. (r) 9.30 Frasier. (r) 10.00 Undercover Boss Canada. 11.00 Come Dine with Me. (r) 12.00 Channel 4 News Midday Summary. 12.05 James's 15 Minute Meals. (r) 12.30 Kirsty's Vintage Cars. 2.40 Film: Welcome to the Ward. (1956) Drama with Flora Robson and Lauren Bacall. 2.40 Countdown. 3.30 Face the Clock. 4.00 Deal or No Deal. 5.00 Four in a Bed. 5.30 Come Dine with Me. 6.00 The Simpsons. (r) 6.30 Hollyoaks. 7.00 Channel 4 News. 7.55 Athoughtfor. 8.00 Supersize vs Superskinny. 9.00 The Undateables. 10.00 Boyle Family. 11.05 Hamelm Aots. 11.10 Drink. (r) 11.45 One Born Every Minute. (r) 12.45 European Poker Tour. 1.40 KOTV Boxing Weekly. 2.10 Sailing: American Cup Overview. 2.35 Speedway: Elite League. (r) 3.30 Film: Monkey Business. (1952) Comedy starring Cary Grant and Marilyn Monroe. 5.05 Deal or No Deal. (r)

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BBC2 5.00 Homes Under the Hammer. (r) 6.00 The Sheriffs Are Coming. (r) 6.50 Cowboy Trap. (r) 8.15 Sign Zone Show for the Moment. (r) 8.55 MasterChef: The Professionals. (r) 10.00 Robbed. Raided. Reunited. (r) 10.30 Sea Heat. 11.00 BBC News. 11.30 Daily Politics. 1.30 The One Show. (r) 1.30 Weakest Link. (r) 2.15 Classic Mastermind. (r) 2.45 Real History of Britain. (r) 3.15 Rick Stein's Far Eastern Odyssey. (r) 4.15 Life on Earth. (r) 5.10 Vintage Antiques Roadshow. (r) 6.00 Eggheads. 6.30 Great British Railway Journeys. Goes to Ireland. 7.00 Railway Walks. (r) 7.30 Great British Menu. 8.00 The Harry Barry Story. 9.00 Dancing on the Edge. 10.00 The Sarah Millican Television Programme. 10.30 Newsnight. Weather. 11.20 Wonders of Life. (r) 12.20 Sign Zone. Sharkes Hidden Heritage. (r) 1.20 Close. 3.55 BBC Learning Zone.

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BBC2 5.00 Homes Under the Hammer. (r) 7.00 The Sheriffs Are Coming. (r) 7.45 Cowboy Trap. (r) 8.15 Sign Zone Show for the Moment. (r) 9.00 Antiques Roadshow. (r) 10.00 Question Time. (r) 11.00 BBC News. 11.30 BBC World News. 12.00 Daily Politics. 1.00 The One Show. (r) 1.30 Weakest Link. (r) 2.15 Classic Mastermind. (r) 2.45 Real History of Britain. (r) 3.15 Rick Stein's Far Eastern Odyssey. (r) 4.15 Life on Earth. (r) 5.15 Vintage Antiques Roadshow. (r) 6.00 Eggheads. 6.30 Great British Railway Journeys. Goes to Ireland. 7.00 Railway Walks. (r) 7.30 Great British Menu. 8.00 Mastermind. 8.30 MasterChef: The Professionals– Michel's Classics. (r) 9.00 Monty Don's French Gardens. 10.00 QI. (r) 10.30 Newsnight. Weather. 11.20 Film: Throat. 11.45 Weather. 11.50 Film: The Painted Veil. (2006) Penda drama starring Edward Norton and Naomi Watts. 1.45 Sign Zone. Question Time. (r) 2.45 Close.

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This week's crossword - Clues

Across

1 Book-keeping (11)
9 Ennui (7)
10 Less wet (5)
11 Plant spike (5)
12 Outermost (7)
13 Innumerable (8)
15 Landed property (5)
18 Towing vehicle (7)
20 Forebode (5)
22 Meeting-place (5)
23 Subtle discrimination (7)
24 Fraternity (11)

Down

2 Freight (5)
3 Defining position in series (7)
4 Figure (6)
5 Examine accounts (5)
6 Wild fancy (7)
7 Hindering (11)
8 Liberal (4-7)
14 Coach (7)
16 Trusty (7)
17 Small amount (6)
19 Handle (5)
21 Plaster of Paris (5)

Last week's solution

ACROSS 1 SPOTLESS 5 MAIM 9 ACTS 10 PALETTES 11 COMIC 12 DEFENCE 13 ROUGH AND READY 18 SOLUTION 19 BEST 20 DRAINED 21 WAGON 22 ECHO 23 PROPERLY

DOWN 2 PICCOLO 3 TESTING 4 STANDING ORDER 6 ANTENNA, 7 MASTERY 8 HEIFER 13 RESIDUE, 14 UNLEASH 15 HATING 16 EMBRACE 17 DESPOIL.

Food & Drink

FOLLOW US ON TWITTER
@chiherald

Brits stuck in 'recipe rut'

A SURPRISING half of Brits (50%) admit to being in a 'recipe rut', cooking the same recipes over and over again with a quarter (25%) admitting they rarely try out new dishes, a survey out by posh ready meal brand Charlie Bigham's revealed

The research, which was commissioned by Charlie Bigham's to investigate couples' cooking habits across the UK, went on to reveal that the most popular dish to cook was the traditional British roast dinner (41.3%). Hot on the heels of the roast dinner was a hearty pasta bake, the much loved spag bol, a warming curry and a quick and easy stir fry. Furthermore, nearly half (46%) cook less than 10 different dishes each month – meaning that Brits cook and eat the same dish at least three times in any given month.

The survey revealed that Brits certainly aren't a nation of Masterchefs with a third (36%) feeling that their cooking skills just weren't up to scratch and one in ten (15%) not knowing which new ingredients to try out – let alone where to buy them. Two in five (39%) of those who owned up to their lack of culinary confidence as an issue, stating that they didn't feel a good enough cook to be trying out new dishes. Interestingly, one in six (16%) of those surveyed claimed to being put off trying something out of the norm because their partner is a fussy eater.

Charlie Bigham, founder of the brand, comments: "While the results reveal that Brits lack culinary creativity, at Charlie Bigham's we understand that people don't always have time or inspiration to be testing and trying out new recipes in the evening, especially after a long day at work. Each of our dishes are hand made using fresh ingredients and, with no need to rack your brains for new recipes, our meals take the hassle out of the evening meal so you can spend more time enjoying dinner with your partner."

For more information on Charlie Bigham's visit bighams.com or facebook.com/pages/Charlie-Bighams

the ship chichester
FOOD & DRINK
The Seaside style restaurant offers fresh, house made a la carte and prix fixe menus. We believe in providing the highest quality and value for money dishes with a good mixture of traditional and modern British classics. Our well stocked cellar includes an excellent variety of house red, white and rose wines available by the glass or bottle. A large array of soft drinks and coffees of every kind join our range of bitters, lagers and cider.
the ship chichester
ACCOMODATION
The hotel has 36 superbly appointed bedrooms with comfortable double and twin beds with Egyptian cotton sheets, with flat screen TVs, tea and coffee facilities, free wi-fi and ensuite bathrooms in every room. All rooms are decorated in a contemporary style whilst maintaining any original features
the ship chichester
MEETINGS, OCCASIONS & CELEBRATIONS
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www.theshiphotel.net
AA

Curry-crazy Brits spend more than £30,000 on Indian food

CURRY-CRAZY Brits will blow more than £30,000 on Indian grub in their lives, the Curry Club can reveal.

The average Brit will splash out £20 a month cooking Indian food at home, according to new research. They will also fork out £31.44 eating the spicy dishes in restaurants over the same period, according to The 2013 Cobra Good Curry Guide. This means that over a 50-year period we will each spend £30,564 on curries. And, despite the recession, the guide claims curry houses are thriving as the UK refuses to give up its favourite food.

The UK's 9,000 curry restaurants attract 2.5 million customers a week, according to Curry Club statistics. And the curry sector is worth about £777 million each year, despite a fall of 20 per cent since the economic downturn began. Pat Chapman, author of the Guide is confident the industry will ride out the current recession. He added: "There is doom and gloom being talked about all restaurants including Indian. They are being hit by the recession like everyone else. But in the long run it will be good for the sector. We will see weaker restaurants go to the wall. But those that offer good food, good service and good value will survive."

There are close on 9,000 Indian Restaurants and Balti Houses/restaurants in the British Isles.

This year the top curry award has gone to the Painted Heron in Chelsea. This capital does well in curry charts but other areas of the country have won rave reviews for their restaurants. Moksh in Cardiff and Massala in Cobham, Surrey, The Ambrette in Margate, Kent and Rye, East Sussex are cited as the best in their regions.

Cloisters Café at CHICHESTER CATHEDRAL

Winter Warmers

Only £4.99 or £6.50 with Chef's Dessert of the Day

Daily Specials 2013

MON
Braised Breast of Chicken
Cooked in a herb gravy with root vegetables and tomatoes

TUE
Chilli Con Carne
Served with boiled rice and garlic bread

WED
Honey Glazed Gammon
Hand carved, home cooked and served with seasonal vegetables

THU
Pork and Apricot Meatballs
Homemade meatballs cooked in a tomato Provençal sauce and served with spaghetti

FRI
Fresh Fish of the Day
Served with chips, peas, lemon and tartar sauce

Don't forget to have a look in the shop on the way out

Fashion

GOT ANY FASHION TIPS?
@chiherald

The denim dilemma

JEANS deserve a place in every woman's wardrobe. Yet buying them, no matter what size or shape you are, can be a soul-destroying and exhausting mission. There are some things you should know before you dive in. The most important being - do not be bullied by the size on the label. Jeans will only look truly fabulous if they fit.

It's good to know the styles you'll encounter. The most common are as follows:

Straight - The straight runs down the length of the leg from hip to ankle, slimming thighs and calves.

Bootcut - The classic jean's style, they follow the thigh but flare slightly from the knee, usually with a mid-rise (the distance from crotch to waist).

The Skinny - perfect with boots, heels and pumps. Tight all the way down to the ankle, usually with a high rise to banish the dreaded muffin top.

Flare - Recycled over and over in the fashion world, they're super flattering and surprisingly easy to wear. They are tight on the thighs and then widen from the knee to the feet.

Boyfriend - The marmite of denim. You either love these or hate them. Boyfriends are a baggy style that fit loosely down the leg, seated low on the hips.

The next step is to know your shape.

Boyish - If your figure is straight up and down you need jeans to give the appearance of curves. Go for super skinny to mould your thighs and bum with detailing on the back pockets. High rise jeans are great for your shape - giving you an hourglass silhouette.

Pear - If you carry weight on your hips and bum, bootcut or straight leg is ideal. Dark denim is the most flattering, but if you are looking for a more distressed wash choose styles with some gentle shading down the front of the thigh to slim and lengthen the legs.

Hourglass - You need jeans that show off your tiny waist and keep that balance between the hips and bust. A slim straight leg with a high rise would be ideal.

Petite - Finding the right length is not a worry, many shops such as us here at Stephen Lawrence offer in-house alteration services. Remember that straight leg jeans are the easiest style to take up without losing the look of the jeans. Skinny jeans are perfect for you and will lengthen your legs. A higher rise lengthens the legs, a lower rise lengthens the body, look at your figure and choose accordingly.

James Je... Ladies Wear ... Lawrence Ladies Wear ... skinny ... Light & Bright ... Boot...

Remember that every pair of jeans is measured in inches, so when you read 26, that means that it is a 26 inch waist. Also, take a good look at the label - selected James Jeans contain 2% elastane, enough to keep you contained and comfortable - not so much that they become saggy around your bum and thighs.

Last but not least, when trying them on, spend a few minutes wearing them. This could be a relationship that will last for years and years, so give yourself a chance to fall in love.

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9am until 5.30pm

What women want

Being given a cuddle, buying presents and comfy underwear make women feel amazing, it was revealed by a study conducted by Sainsbury's.

A new study offers insight into the average female, by uncovering the top 50 things that make women feel GOOD.

Top of the list includes compliments about what they are wearing or how young they look.

Eating cheese, buying a new nail varnish, having clean teeth and shopping for a bargain also put girls in a good frame of mind.

While wine and a debate - having time for a good chat with friends and for 38 per cent of women, unexpectedly fitting into an outfit also makes them smile.

A spokeswoman for Sainsbury's, which commissioned the poll of 2,000 women to look deeper into what gives customers that all important 'feel good' factor, said, "In January, we all need a pick-me-up but as this survey shows, it doesn't take a lot to cost the earth.

"We found that 77 per cent of women claim their day can be made simply by picking the right outfit in the morning, showing how fashion influences the everyday mood of the British woman."

All ladies love to shop – and purchases such as a new bottle of perfume, a push up bra, shapewear which makes them look amazing or new stockings please them no end.

Recycling clothes also proves popular, more so even than booking a holiday.

Get your ski style right

IF YOU'RE one of the lucky ones jet-setting to the snowy slopes this winter then you better know. Ski style and mountain fashion has changed considerably over the last few decades, and when looking at what attire once graced the slopes, elegance was most certainly not evident. Combining fashion with practical ski wear has always been a bit of an uphill struggle. Trying to look good and

> "...with the surge of sweaters and fabulous faux furs this winter, it has never been easier to look good while you ski"

off the slopes without freezing to death can turn into a bit of a battle of your heart versus your head. You would be wrong to think that you can step out on the ski slopes without a little styling. I have learnt over the years that this is the one time bold colours and clashing is perfectly acceptable – no one recognises you under the goggles. It's all about being in gear with the idea of how to ski.

But with the surge of sweaters and fabulous faux furs this winter, it has never been easier to look good while you ski... even if your ski skills let you down...your style skills won't! Here's the pick of some of the best looks on at least you can look stylish in to the plummeting temperatures. Whether you're falling down the mountain or sipping a well deserved vin chaud.

1 Look super cool this season in effortless whites, oversized sun glasses and Euro-style faux fur headbands. You can blend in with the other gorgeous Russian women who grace the slopes.

2 Electrifying neon's and bold patterns is everywhere right now, so why not stand out against the sea of white this season.

3 Nordic style - your grandma's hand-knitted sweaters are getting a run for their money as Norwegian inspired patterns make their appearance on winter jackets!

4 If you're looking to stand out on the mountain in style - bold and bright is always right. I love nothing better than seeing all that powdery white snow become illuminated by some fuzzy pants and graphic patterns. The après-ski party will be sure to be livelier now.

5 Retro and one-sies. Perfect for those who can't justify paying out for those chick winter trends. The charity shops have special rails of these gems. Those braces and bum bags double up for fancy dress as well as keep all your belongings safe.

6 When it comes to accessories, a wool beanie is a must – extra style points if it's hand-made. For a freestyle look, choose one with a pompom on the top. A fleece lining will keep you extra warm on the slopes.

So don't forget about fashion this winter – a stylish ski wardrobe is at your fingertips!

Alex Cvijovic is a Textile Designer and Illustrator. Collector of the unique. Lover of traveling, learning and creating. She is the creator of The Vintage Parade. www.vintageparade.co.uk

The problem with ego

Denise Kelly

DON'T YOU JUST wish sometimes that people could just be a little happier, or more tolerant of others?

Last week I accidently splashed someone's car with a large puddle whilst going round a roundabout and the guy literally cheered me down the street in my car, screeched to a halt in front of me blocking my way, screaming swear words I couldn't repeat!

He came marching towards looking quite cross so all I could think of doing in that moment, was putting on my most pathetic, girly voice, flutter my eyelashes repeatedly and hope that his macho ego would feel slightly sorry for me and he would back down! Luckily for me he did, but it got me thinking how aggressive and uncaring the world can be at times!

Of course we all have an ego trip every now and again. Sometimes we catch ourselves being a little unreasonable about something, or a little too vain, money obsessed or whatever it may be, but I have been trying to focus lately on the good in everyone! Trust me, that can be a hard task at times, (because of course I am perfect!) but from a spiritual perspective we are all connected energetically and I do find that thinking in this way allows you to be so much more compassionate with people on every level. It's a really simplistic way of looking at the world but by knowing and thinking that on some level each and every one of us is connected energetically through our shared intentions we create better Karma, wiser thoughts and generally a calmer, better balanced outlook to all areas of life. So whatever we are, black, white, male, female, poor, rich, fat, thin, fit, unfit and so on, accepting our oneness helps us release our ego based projections we have placed in the world. Unfortunately many of us are not taught to believe in oneness and are brought up in a world of ages false perceptions. We believe we are separate from everyone else. We may see our bodies as more special, or less special than others leading to damaging thoughts of all kinds. The ego is a great faultfinder because our choice to perceive fear has made us feel so terrible that we 'project' that feeling into others to 'protect' ourselves from actually dealing with the discomfort.

Instead why not try to concentrate on the inner voice of love and compassion. Recognise your fears and your faults and be open about them. By being truthful it will set you free to be the person you are meant to be and you will feel empowered and enriched. Focus on all the good things you do have and instead of focusing on the lack of things in your life. Know how a negative thought can have a rippling effect on everyone around you and if you can change that thought pattern, often the ego, find less fault, see less anger then surely the world will feel like a better place to be!

There are many different therapies that can change different thought patterns but one amazing therapy is EFT the Matrix reprinting (Emotional Freedom Technique). Locally I can recommend Jemima Eames jemimaeames@yahoo.co.uk as a very quick route to changing thought patterns and negative behavior in just a few sessions. We are due to do a talk together in the next couple of months and coupled with Nutritino the combination of mind resetting and eating for maximum energy you will be ready to face the world with a new vigor!

Denise Kelly is a BANT (British association of Nutritional therapists) registered Naturopathic Nutritional Therapist. She writes Nutrition Programs for a variety of organisations and has a private practise in Chichester, West Sussex and is the founder of K4 Fit Kidz. Tel: 01243 528040 www.denisekelly.co.uk

Positive motivators for weight loss

LOSING weight can be difficult, especially when you lead a busy life. While many people take up fitness and health resolutions at the start of the year, maintaining these regimes is the biggest difficulty, ultimately. Staying motivated is therefore essential to a successful weight loss regime. Here are our top tips for staying motivated when trying to lose weight.

• Set reasonable goals

One of the most common problems people face when starting an exercise routine is that they set themselves unrealistic goals. While you may want to be going to the gym 4 times a week, you can quickly burn out or injure yourself, which can result in you not going back to the gym for extended periods of time. Instead of setting yourself strict and unrealistic goals take time to plan a regime that is realistic and fits in your lifestyle.

There are many new weight loss supplements you can use to enhance the effects of your exercise if you're struggling to shed the pounds. Using a fat binder is shown to help increase weight loss by 30 per cent when paired with regular exercise and a healthy diet. The XLS Medical Fat Binder is one of the most popular fat binders on the market – in part down to its natural ingredients that are gentle on your body.

• Think about health and not weight loss

Losing weight is a short term goal, especially when you successfully manage to reach your targets. Focusing on being healthy is a lifelong goal that provides you with an on-going motivation. By focusing on being healthy, you are much less likely to get long-lasting results.

• Look at the positives

It can be easy to get caught up on missed targets. The important thing is that you're making some form of progress. Even if you've failed to lose 10 pounds in 2 months, a loss of 5 pounds is still a loss. People want quick results, but for many this is not realistic. If you're making positive changes and seeing small results, you should still see this as a massive positive step.

• Find an exercise partner

Working out week in, week out can get a bit monotonous. Finding a friend to work out with can help you ensure that you stay motivated and on target. Nothing drives humans like a bit of competition – and you will feel guilty if you miss a session when your gym partner goes.

• Think about what you eat

When you feel tired or run down it can be easy to blindly head to the fridge or order a takeaway. This approach to eating should be curbed. Always think about what kinds of food you are consuming and how it could affect your goals. Keep a food diary if you must – this will allow you to look back and reflect on what you're eating and how you can change any negative habits you may have.

Sick workers trudge into work regardless

INCREASING NUMBERS of British workers claim they're so worried about losing their jobs that many are trudging into work even when sick with a cold or flu, according to Fisherman's Friends annual British Cold and Flu Survey.

Six out of 10 workers said they didn't take a single day off from work due to a cold or flu during 2012 and the average worker was struck down with an average of two such illnesses.

Research commissioned by Fisherman's Friend – which polled 2,000 adults throughout the UK – also found that the average amount of time taken off by workers for such ailments was less than 1.4 days in 2012, compared with an average of two days the previous year, and more than double that number (four days) just four years ago.

The further fall in absenteeism is estimated to have shaved an extra £1.35 billion off the cost of winter ailments to the UK economy through lost working hours, with time off for colds and flu now leaving employers with a bill of £3.26 billion a year. That compares with an estimated cost of £9 billion when Fisherman's Friend conducted its first annual survey in 2008.

"Our annual survey makes fascinating reading as it shows how the average British worker is now increasingly determined to carry on working even when ill," said Fisherman's Friend spokesman Rob Metcalfe. "During more suspicious times, people appear much more confident to call in sick and rest up until they get better. But when people fear for their jobs, they are much more determined to show their dedication to the cause, even when ill."

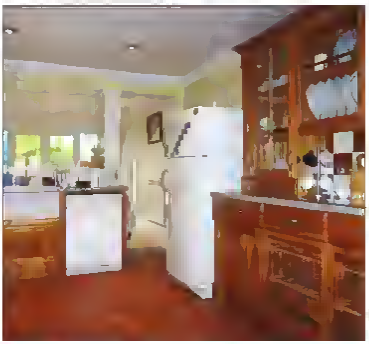
Fisherman's Friend also said it sees sales of its throat lozenges soar in the run up to Christmas 2012. "We have definitely seen a massive increase in the popularity of our products as workers look for help in managing their symptoms," added Metcalfe. "More than six million lozenges were sold in the UK in October alone – a staggering 32% more than last year, and the best sales figures we've seen for six years!"

Property

FIND YOUR PERFECT PROPERTY
In Chichester & the surrounding areas

An extended and stylish semi detached bungalow situated in a quiet cul de-sac The property has been made the subject of a programme of extension and remodelling for the current owner G F H u PVC d/glazing fascias & soffits lounge dining rm fitted kitchen with breakfast rm utility rm two double bedrms shower rm large double length garage & delightful easily maintained hard landscaped gardens including a West facing rear EPC rating is D

For more information contact Coastguards Estate Agents on 01243 267026
www coastguardsproperty co uk



Over 50s homes need a helping hand

THE CHALLENGE of austerity and home repairs leaves many with a home headache Around two and a half million over 50s say that their home is in need of repair, but they cannot afford to do the work according to research for the Saga Equity Release Advice Service

The most common things that need repairing are gutters (13%), roofs (10%), insulation (9%) and heating (5%) which can be expensive So me people could however be faced with an even bigger bill as a fifth of over 50s say that more than one area of their home needs repairing.

This year, half of over 50s plan to dip into their savings to cover the repair costs while almost two fifths will use their regular income (wages or pension) to get their home back into shape The majority of those who can't afford the repairs say they will learn to live with their home's imperfections leaving the rest taking out loans using credit cards or even borrowing from friends or family members to get things fixed

Londoners are the most likely to need Nick Knowles help as half (46%) say that something in their home needs repairing, whereas people living in Yorkshire and Humber claim that their homes need the fewest repairs (36%)

Roger Ramsden chief executive, Saga Services commented "For most us our homes are our most valuable asset therefore it's important that we maintain them the best we can It's important for people to explore all the funding options available to them before allowing their home to get into a state of disrepair and therefore eroding the value of their biggest asset'

More than half of people (56%) who release equity using the Saga Equity Release Advice Service use some of the money for home improvements and on average they spent £10,000 on home improvements and repairs

LICENSING APPLICATION
LICENSING ACT 2003

Notice of application for the grant of a Premises Licence

NOTICE IS HEREBY GIVEN that an application has been made to the Licensing Authority of Chichester District Council for the grant of a Premises Licence under Section 17 of the Licensing Act 2003.

Details of the application

Name of Applicant Mr Charlie Hughes and Mrs Julie Hughes

Postal address of premises Charlie s Farm Shop, Southview Farm, Bury Common, Bury, Pulborough, West Sussex, RH20 1NF

Brief description of application

The retail sale of alcohol every day between 08 00 and 23 00

A copy of the statutory register may be inspected during normal office hours at the address shown below

Any Responsible Authority or other person wishing to make representations on this matter must submit those representations in writing to the Licensing Manager, Licensing Team, Health Protection and Environmental Management, Chichester District Council, East Pallant House, East Pallant, Chichester, West Sussex, PO19 1TY or by email to licensing@chichester gov uk by no later than the 22nd February 2013 Any representations will be notified to the applicant and will be considered by the Licensing Authority

Please note that it is an offence knowingly or recklessly to make a false statement in connection with an application and on summary conviction for the offence a person is liable to a fine not exceeding level five on the standard scale (currently £5,000)

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Vincent and Flavia are back!

Vincent Simone and Flevia Cacace have dazzled television audiences for six series of the BBC's Strictly Come Dancing with their stunning Tango routines. Now they have created their own live show - Midnight Tango - a breathtaking evening bringing all the drama, sensuality and elegance of this most exciting of dance forms to life.

Set in a late night bar in downtown Buenos Aires and featuring some of the finest Tango dancers in the world, Midnight Tango, takes you on a journey into a heart of this intoxicating city. As danger and excitement, joy and jealousy, pain and passion all combine - this is a spectacular and explosive evening not to be missed!

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Private - For Sale REDUCED £94,995

8 DOVE COURT SHERWOOD ROAD NORTH BERSTED BOGNOR REGIS WEST SUSSEX PO22 9LP

A TWO bedroom first floor age restricted apartment situated in this favoured purpose built retirement development on the outskirts of Bognor Regis Private entrance leading into lobby with stair lift rising to the first floor landing Kitchen with double glazed window generous sitting room bedrooms with built in wardrobes and bathroom with bath and shower over 24hr careline facility The development offers a resident manager communal residents lounge well maintained communal gardens and communal laundry room No Forward Chain.

For further information or viewing contact peuladame60@btinternet com or 07599 830755

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Pagham | OIRO £364,950

- Four Bedroom Detached House
- Extended Kitchen / Dining Room
- Room For Further Improvements
- Close To Sea and Local Amenities
- Gas Fired Central Heating and UPVC Double Glazed Throughout
- Approximately 1/3 Acre Plot
- Ideal Paddock

Aldwick | £450,000

- Detached Chalet House
- 3 /4 Bedrooms
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- No Forward Chain

Bognor Regis | £191,500

- Retirement Apartment
- One Double Bedroom
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Midhurst | £315,000

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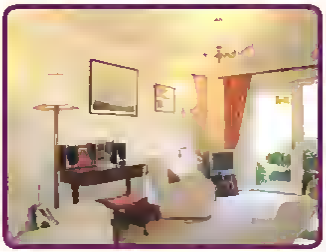
ALDWICK **£149,950**

A one bedroom close care apartment in the grounds of the Royal Bay care home purpose built to be elderly user friendly with many safety features and the availability of any level of assistance from the care home gas c h double glazed living room kitchen bedroom bathroom personal patio area EPC rating C



ALDWICK **£825,000**

A detached four/five bedroom residence situated on this beach front of a private manna estate central heating by air source heat pump, u P V C dble glazed u P V C fascias and soffits fitted carpets, sec.alarm ground floor shower room ground floor bedroom/study kitchen/breakfast room utility room further w.c. first floor living room with full width balcony and panoramic sea views, master bedroom with dressing room and en suite shower room guest bedroom with en suite shower room two second floor bedrooms with bathroom double garage, South facing garden fronting the private beach. EPC rating is E

ALDWICK **£575,000**

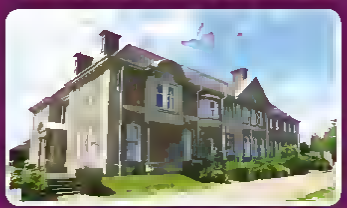
A superbly presented New England style detached family house situated on a good pearl plot less than half a mile from local shopping facilities and the beach The current owners have made the property the subject of a comprehensive programme of refurbishment and modernisation over the course of the last 3 years G.F.H. u.P.V.C. dble glazing replacement wiring plumbing & sanitary ware etc. a fine/rm. a triple aspect lounge spacious kit/dining rm utility rm study/fv room an impressive master bedrm suite with vaulted dressing rm & luxury en suite bathrm, 3 further bedrms, family bathrm an integral garage & well maintained gardens to the front and rear EPC rating is E

NYETIMBER **£425,000**

A detached family house with attached self contained annexe situated in a cul-de-sac The property is built on a larger than average plot The specification includes g.f.h. dble glazing cloakrm lounge dining rm study kitchen, utility rm master bedrm with en suite shower rm three further bedrms, bathrm. Self contained annexe with large living room incorporating a kitchenette a bedrm and shower rm The property benefits from a large plot with brick paved parking areas and a good sized lawned garden. EPC rating is D

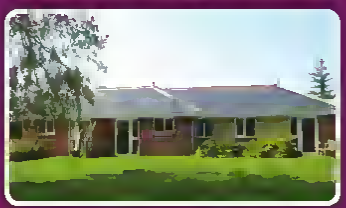
ALDWICK **£325,000**

A three bedroom first floor apartment in development of six in walled gardens immediately adjacent to the beach gas central heating u P V C double glazed carpets cloakroom lounge dining room with library area, South facing balcony kitchen master bedroom with en suite bathroom and dressing area, second bathroom, garage UNOBSTRUCTED SEA VIEWS. EPC rating is C



ALDWICK **£219,950**

A stylishly presented two bedroom first floor apartment situated approx. 400 yards from the beach The specification includes g.f.h delightful dual aspect living rm fitted kitchen, bathroom separate w.c./cloakroom single garage with additional parking for several vehicles, use of the landscaped communal gardens and storage area benefit the main building Residents of The Grange have access to a private beach via gate in nearby Waters Edge EPC rating is D



ALDWICK **£169,000**

A one bedroom close care apartment in the grounds of the Royal Bay care and nursing home purpose built to be 'elderly user friendly' with many safety features and the availability of any level of assistance from the care home The property has been recently refurbished with new carpets replacement shower room, refurbished kitchen and an internal reconfiguration Gas c.h. double glazing living room and a communal laundry room EPC rating is C

Motors

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PANTHER TRUCK RENTAL

Bosch accelerates development of autonomous driving

BOSCH already provides high performance assistance systems, including Adaptive Cruise Control and Predictive Emergency Braking System, to help drivers reach their destinations safely and more comfortably.

Its technologies can also alert drivers to traffic jams and redirect them, as well as manoeuvre vehicles into the tightest of parking spaces. In the near future, Bosch's systems will extend to a traffic jam assistant, which will brake, accelerate, and steer vehicles autonomously at speeds between 0 and 30 miles per hour.

Last year, Bosch surveyed UK motorists about their attitudes towards autonomous driving, finding that nearly one in three drivers would already consider buying a vehicle that could be driven autonomously. More than a quarter of drivers – and more than half of young drivers – said they would enjoy an autonomous car as much as driving themselves.

"The traffic jam assistant helps drivers arrive more relaxed at their destination, even in dense traffic," said Gerhard Steiger, president of the Bosch Chassis Systems Control division. "No doubt many UK motorists who thought an autonomous car would be as enjoyable as driving themselves were imagining a vehicle that could relieve the stress of the daily commute.

The first generation of the traffic jam assistant is expected to enter series production in 2014. In the following years, the feature will be enhanced to cover ever-faster speeds and more complex driving situations. Eventually, the traffic jam assistant will make fully autonomous driving a reality.

Adaptive Cruise Control already uses front-mounted sensors to keep a safe distance from the preceding vehicle in front, with Lane Departure Warning using face detection cameras to keep vehicles on course. For fully autonomous driving, the next step would be automatic lane changing, which would require firstly a rear-mounted sensor to detect vehicles approaching from behind and secondly a dynamic navigation system to keep drivers informed of traffic situations and local speed restrictions.

Bosch offers its vehicle manufacturer customers all of the sensors and systems required in developing autonomous driving technologies. For example, Bosch's high-performance long-range radar sensor can detect objects up to 250 metres away. In addition, a stereo video camera can detect objects in 3D, calculating how far objects are away from a vehicle, as well as the direction in which they are moving.

"Fully autonomous driving will come about one step at a time," Steiger says. At first, driving on highways with ever greater degree of automation and at ever higher speeds will be possible, until the highway pilot can take over the entire trip.

"Two major challenges remain: first, to ever-city driving, since automated vehicle functions have to deal with dense traffic involving a large number of road users traveling in every direction, and second, developing a concept to ensure that the system's functions operate reliably in all types of driving situation.

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Used car trade was slow to gather pace in January, says CAP

A SLOWER THAN USUAL start to 2013 gave way to increasingly brisk trading in the used car market as January wore on, according to CAP, the car information experts

Black Book Live – the only real-time independent guide to used car trade values – only began tracking prices upward around the middle of the month, according to Senior Editor, Derren Morton

Two factors appear to have driven the eventual increase in trade appetite for cars. Number one was a growing concern among dealers that they might be caught short of stock, as it became apparent that there were fewer cars available than typical for the start of the year. This was then coupled with a determination to snap up the best cars as soon as they appeared.

There is now particularly strong demand for the cream of 3 year old stock – the 'bread & butter' of the used car retail market – an area of the market where stock is more scarce than it has been.

Although demand did pick up, Derren Morton sounds a cautionary note on the future prospects for market price stability as the struggling economies of Europe may cause manufacturers to focus on the UK as their best bet to increase new car sales.

He said: "Stability is the watchword at the moment as dealers enjoy healthy retail sales.

"They are prepared to compete for the stock they can most easily turn into prime retail offerings and Black Book Live has been tracking values on the rise since the middle of January.

"Many of our franchise dealer contacts in particular have been telling us their sales are, if anything, stronger than at this point last year and even margins are holding up – which demonstrates that consumers are also prepared to pay for quality instead of simply buying on price alone.

"However, manufacturers are having a very tough time in Europe and may well look to the UK this year as their best opportunity to keep the wolf from the door. The current relative strength of Sterling against the Euro also makes Britain a stronger prospect for maintaining profits on new cars.

"If supply of new cars is increased significantly, through large scale rental deals or pre-registration, it will probably stem the increase in trade values at some point.

"But even if that happens, many dealers will welcome the availability of more prime retail stock and consumers will also benefit from increasingly competitive deals as more cars are managed into the market."

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Straight from the commentary box

Dancing to a Latin beat

Johnny Cantor

BRIGHTON AND HOVE ALBION are certainly dancing to a Latin beat at the moment. The style of play is more Nou Camp than New Den.

Last weekend the Seagulls new Argentinean striker Leonardo Ulloa seated on his debut. Spanish Dove (Lopez) is already emblazoned on T-shirts. Bruuuuaaooo! is the shout from the crowd. Andrea Orlandi has already struck vital goals and Iago Calderon has been a maverick for a few years already. Oh and there's a guy called Vicente.

Of course on the field they are led by one man, Gus Poyet. But does the growing foreign influence in the starting eleven matter?

There's the danger if cliques, yes, but characters such as Charlie Oatway and the management duo won't allow it.

Newcastle have recently built a French resistance with their new signings and Arsenal have enjoyed (?) a Gallic influence in recent years.

There is of course countless different nationalities at the moment in the Albion squad and it's an enjoyable mix.

The steely determination of Thomas Kuczak, the relentless running of Craig Mackail-Smith, the cultured reliability of Wayne Bridge all adds to a heady concoction.

However, this Albion squad have squandered points so far this season and that must change if they are to surmount a challenge for the play offs. It can happen but each player must perform to the max if the supporters are to dance to a Samba beat en route to Old Trafford and the Emirates next season.

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Andrea Orlandi [illegible] vital [illegible]

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Cricket

Sussex interest in England circles

SUSSEX'S Holly Colvin, who was brought up in Middleton-on-Sea, took two wickets for England Women earlier this week as they beat South Africa in a warm-up match for the upcoming ICC Women's World Cup.

Captain Charlotte Edwards opened the batting and led by example (78) as England finished on 270 for 9 from their 50 overs. Colvin was instrumental in the win as she took two wickets for just 29 runs from her 10 overs, including the crucial wicket of South African opener Trisha Chetty (57). South Africa ended the innings on 219 for 6 handing England a 51 run win.

Sussex's Callum Jackson and Harry Finch are currently part of the England U19 side touring South Africa and have helped put their side in a dominating position, in their 1st Youth Test at Newlands. England batted first with Jackson being dismissed for 43, whilst Ed Barnard top scored with 114 as England were all out for 313 in the four-day match. Finch took two wickets for 35 runs from his 10 overs as well as taking two catches to help England bowl out South Africa for 194.

Looking [illegible] Callum Jackson and Harry Finch

Sussex County Football League

DIVISION 1

Team	P	W	D	L	F	A	GD	PTS
PEACEHAVEN & TELS	20	14	5	1	58	19	39	47
EAST PRESTON	20	14	4	2	58	20	38	46
HASSOCKS	25	13	4	8	57	37	20	43
RYE UNITED	18	13	3	3	60	29	31	42
REDHILL	20	13	2	5	42	23	19	41
PAGHAM	20	13	2	5	49	34	15	41
RINGMER	21	13	2	6	48	33	15	41
EAST GRINSTEAD TOWN	23	12	4	7	67	35	32	40
LANCING	23	12	4	7	61	36	25	40
LINGFIELD	21	10	3	8	50	46	4	33
ST FRANCIS RANGERS	22	9	3	10	32	41	-9	30
ARUNDEL	23	9	5	10	34	49	-15	29
HORSHAM YMCA	20	9	1	10	56	35	21	28
CROWBOROUGH ATHLETIC	22	9	1	12	39	58	19	28
SIDLEY UNITED	20	6	5	9	35	48	13	23
SELSEY	22	6	5	11	24	39	-15	23
SHOREHAM	22	7	2	13	35	57	22	23
HAILSHAM TOWN	18	7	1	10	34	43	-9	22
DORKING WANDERERS	24	5	5	14	36	57	21	20
CHICHESTER CITY	23	4	3	16	29	63	34	15
AFC UCKFIELD	20	2	3	15	26	76	-50	9
WORTHING UNITED	20	0	3	17	22	74	-52	3

DIVISION 2

Team	P	W	D	L	F	A	GD	PTS
NEWHAVEN	21	15	3	3	60	33	27	48
LITTLEHAMPTON TOWN	17	13	3	1	54	12	42	42
EASTBOURNE UNITED AFC	17	11	3	3	60	26	34	36
LITTLE COMMON	19	11	3	5	58	25	33	36
BROAD RIDGE HEATH	19	10	4	5	44	32	12	34
SEXHILL UNITED	18	9	6	3	43	32	11	33
LOXWOOD	20	9	5	7	39	31	8	29
MIDHURST & EASTBOURNE	17	7	6	4	42	31	11	27
WESTFIELD	17	7	5	5	34	24	10	26
MILE OAK	18	6	6	6	36	32	4	24
SEAFORD TOWN	17	6	5	6	28	32	-4	23
STORRINGTON	20	6	4	10	31	48	-17	22
SOUTHWICK	19	6	1	12	36	43	-7	19
WICK	17	6	1	10	30	44	-14	19
STEYNING TOWN	17	3	5	9	34	42	-8	14
RUSTINGTON	18	4	2	12	30	49	-19	14
OAKWOOD	17	3	3	11	24	49	-25	12
SALTDEAN UNITED	20	0	1	19	16	114	-98	1

DIVISION 3

Team	P	W	D	L	F	A	GD	PTS
SIDLESHAM	11	9	2	1	42	16	26	26
BARNHAM	12	7	2	3	40	19	21	23
HAYWARDS HEATH TOWN	10	7	2	1	27	9	18	23
BILLINGSHURST	9	7	1	1	27	12	15	22
UCKFIELD TOWN	10	5	3	2	23	15	8	18
CLYMPING	10	4	2	4	11	17	-6	14
ROFFEY	10	3	2	5	20	21	-1	11
IFIELD	10	3	2	5	21	25	-4	11
ROTTINGDEAN VILLAGE	13	3	1	9	19	46	27	10
FERRING	10	3	3	4	19	30	11	9
HURSTPIERPOINT	11	1	1	9	11	26	15	4
TD SHIPLEY	10	1	1	8	9	33	-24	4

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